

Complete Book Of Partner Massage And Aromatherapy

There are no special tricks to massage -no hours of practicing weird techniques -no tedious new vocabulary to learn. With a warm quiet place and a bottle of scented oil you can spread pleasure over every inch of your partner's body. You don't need a lot of money or a room full of special equipment to do this. Erotic Massage instructs readers on how to bring their partners to high levels of arousal, keeping them in this state of sexual exaltation for an extended period. It provides erotic massage techniques for both men and women in step-by-step, giving suggestions for appropriate settings This book will fuel and make you experience intense sensual pleasure; it shows how to explore your partner's body effectively Treat your partner to a relaxing massage that will ease away the day's stress, or fully indulge in a longer, more stimulating massage, the senses become heightened as your bodies make full contact. You will learn a lot of stuff including; what an erotic sensual massage is How to prepare yourselves for a Massage and basic massage techniques Arms, Head, Neck Back Body and Front body massage with your partner Genital Massage Techniques not leading to sex, sensual exploration, wet massage, orgasmic massage. An erotic massage can communicate, restore, and arouse: it's a celebration of sensuality, a lover's delight to give and receive. Having the ability to offer your partner this sensual pleasure brings special feelings of satisfaction and confidence This is more than a book; it's an unforgettable sensual experience with Massage strokes beautifully illustrated and remarkably easy-to-learn. Ten minutes after you open this book you will be doing an unforgettable erotic massage.

If you are looking for a detailed guide about Kama Sutra and Sex Positions or you want to transform your sex life from routine to unpredictable, then keep reading. This powerful bundle contains everything and anything you want and need to know about taking your exploration of sex to the next level through an understanding of Kama Sutra and its many benefits. Using techniques and knowledge from The Kama Sutra, Tantric Sex, combined with Sex Toys, Sexual Fantasies, Fetishes and role play, you will impress your sexual partner. You will learn things you didn't even know you needed to know but that will make you wonder how you ever lived without! In book one, "Kama Sutra for Beginners", you will learn: How to determine sexual compatibility Specific positions from The Kama Sutra to use in any situation you could imagine! How to develop intimacy and use this in order to have the best sex of your life How to use sex toys to your advantage and give yourself and your woman multiple orgasms How to give better oral sex with the secrets to male and female oral sex pleasure If you are the partner of a woman, or a woman yourself, this book will teach you how to achieve different types of multiple orgasms yourself or how to give this to your female partner, and will show you (or her) pleasure as you have never had before! And Much More! In book two, "Sex Positions for Couples", you will learn: How men can last longer in bed and please their woman to the fullest! Different types of intimacy and how to improve intimacy in your relationship. How best to prepare your mind and body for sex using techniques for foreplay, massage, and masturbation How to better connect to your partner on more than a physical level for more passionate lovemaking Aphrodisiacs and how to use them to their fullest potential Sex positions for maximum intimacy, for more adventure, for a challenge, and for

female pleasure And So Much More! Where most sex books will only focus on missionary and doggy style, this book will teach you how to do so much more than that using the Kama Sutra and how to keep the lust and passion alive outside of the bedroom. What sets this book apart is that it gives you a well-rounded approach on how to increase intimacy, explore new sex positions, how to communicate about sex, about everything else that involves sex, and how to ensure you are giving each other the most pleasure possible. Sex Positions is waiting for you to open it up and explore all it has to offer you. Do yourself a favor, your partner a favor, and everyone that you will ever have sex with a favor by reading this book and informing yourself to the fullest extent. Give your partner the gift of informing yourself about how to please them like never before. All You Have To Do Is Click On "Buy Now" And You Will Be Able To Begin Your Journey To Becoming The Best Sexual And Romantic Partner You Can Ever Be!

A complete top-to-toe practical guide to massage, aromatherapy and reflexology for every part of the body. All you need to know about massage and related therapies - instant quick-fixes, in-depth treatments, luxurious pampering sessions and sensual routines for two.

Couples massage is nothing less than the most seductive and refined way of showing love. Undertake a wonderful journey of exploration across your lover's skin. It is a journey that will take you to the very center of your relationship. This book instructs partners to become even more intimate by incorporating oral sex with or without sexual aids like sex toys. The book will guide you into adding the colorful world of vibrating, orgasm-givers into your intimate time thus hitting hot spots more easily using new twists to classical oral sex positions. In COUPLES MASSAGE TECHNIQUES & ORAL SEX POSITIONS you will find several of these ways discussed, especially when incorporated with massage and oral sex. Learn to derive joy from your partner's body, and from the pleasure you give. Enjoy the moans and sighs you are able to provoke simply by using your hands, ?ngers, mouth, hair, and voice in different ways. The ecstasy is mutual!

The Couple's Massage Handbook takes readers from stumbling beginners to passionate pros in no time! This step-by-step guide covers the best tools, oils, music, and locations for giving a massage, including a sequence readers can use to stay focused. Soothing massage to support a mother before, during, and after birth Pregnancy is an exciting and challenging time, and expectant mothers need all the physical and emotional support they can get. A massage from a partner or loved one can be a beautiful way to offer that support. Massage for Pregnancy and Beyond is your how-to guide for safe and comforting massage techniques that can be used by anyone looking to do something helpful and healing for a mom-to-be. You'll learn the basics of effective massage therapy, including simple sequences to relieve everything from sore feet and hip tension to supporting a woman through the remarkable event that is birth. Massage for Pregnancy and Beyond features: Advice for the entire journey--Understand the changes mom's body is undergoing during each trimester of pregnancy, as well as labor and the postpartum phase. No experience required--Simple instructions ensure you can easily learn techniques to soothe, calm, and support a pregnant loved one. A closer connection--Discover the beauty of healing touch to provide comfort, safety, and bonding for mom, baby, and partners. Learn how pregnancy massage can help loved ones connect on the journey of bringing a new life into the world.

urturing Massage for Pregnancy is one of the most comprehensive books available for massage students and licensed massage therapists who treat pregnant, laboring, and postpartum clients. The author is a highly skilled perinatal massage instructor who is also a registered nurse, childbirth educator, and doula.

Have you noticed that passion in your relationships has subsided over the years, and you wanted to change something? Do you think you know your own and your partner's body well enough? How many erogenous zones do you know? You must read this book about massage for couples, to find out the answers to these questions and to awaken the former desire. Touch is the most intimate sense. Couple massage makes you understand each other without words on the most intimate level. Touch can carry passion and love, confidence, and empathy. It promotes relaxation and healing, is central to our erotic experiences. Touching the body of another person, feeling the skin of your loved one with your skin gives you much more pleasure than any other feeling known to man. However, oddly enough, even lovers rarely use this gift of nature to the full. This couples massage book is a kind of textbook in how to bring your body and your partner's body into a comfortable state through massage, so that it flies away, relaxes, recuperates, and experiences an unearthly pleasure. You will not need any massage accessories for couples, no couple's massage ball, couple's massage toys. Only music, couples massage oil or lotion, and incense will give your communication a special feeling. We'll tell you how to give your partner the greatest possible pleasure! This book is the result of more than a decade of practical experience in performing massage and years of teaching experience. Everything you read in this book is based on knowledge of anatomy, physiology, psychology, sexology, and various types of massage. In the book, there will be no useless information, only the most important practical knowledge about couples sensual massage. So if you want to know all of the secrets about excellent couple massage, and bring back your passion and desire. You should buy this book! Your partner will thank you! Reduce Stress!!! Learn Meridian Ball Therapy!! Do you own a set of Chinese Health Balls? Known as BAODING balls, BAUD balls, or just health balls, they're certainly much more than a curio! People have been using them for centuries. The balls are explained, exercises are included, the treatments revealed here, for the first time!

Over 250 beautiful full-color photos and clear instructions show you exactly where to touch and what to do. You start with all the classic stretches, rubs, and squeezes, then move on to the unique Rolf deep-massage process and the ancient Shiatsu methods. Also oils, creams, lighting, music and more. 136 pages (all in color), 8 1/4 x 10 1/4.

Complete book of massage techniques for friends and lovers. Explains in step-by-step detail the most satisfying massage methods and their meaning and purpose.

Focusing on its therapeutic properties and capacity to enhance health and intimacy in all relationships, this book demystifies the medium of massage and makes it accessible for everyone in the family. Designed for the nonprofessional with simple step-by-step instructions, it teaches the three principles that make learning massage easy and fun. Also included are ideas for bringing home massage into daily life and how to use these principles to share massage with infants, children, adolescents, spouses, and the elderly. By emphasizing the innate healing power of touch to reduce stress and improve the immune system, this practical manual provides the tools for achieving health, relaxation, and connection with loved ones.

Discover a deeper connection with your partner through the healing power of massage. There's nothing like the stress-relieving, mood-lifting comfort of physical touch to bring out the best in your relationship. Whether you are helping a partner with aches and pains or looking to foster intimacy, *Massage for Couples* will teach you time-honored techniques from around the world that have made massage a staple for relaxation and relationship longevity since ancient times. Begin by gaining confidence in using your hands to provide a healing touch. Then discover guided massage sequences to soothe, inspire, uplift, relax, or resolve a specific pain point. Support your partner's well-being and enjoy a healthy, enriching way to spend quality time together. Inside *Massage for Couples*, you'll find: Naturally healing together--Practice a holistic method of experiencing pleasure and providing relief from stress and fatigue. Body wisdom--Educate yourself on some light biology and anatomy lessons that will help you refine your skills and give truly transformative, bliss-inspiring massages. Comfort and connection--Master instructions for resolving specific aches and pains as well as tips for connecting with a partner emotionally. Learn the healing power of touch to promote wellness and heighten intimacy with *Massage for Couples*.

Learn the healing power of touch with a new, up-to-date reference from *The Complete Guide to Modern Massage*. Massage is a natural method to relieve pain and reduce stress--and anyone can learn how to do it. *The Complete Guide to Modern Massage* offers an updated reference to learn popular techniques and feel the physical and emotional benefits of massage. From classic styles such as Swedish or Shiatsu to new favorites like Ayurvedic and Thai, this massage guide offers illustrated, step-by-step instruction to master techniques from around the world. Complete with massage practices for pain relief, you'll learn how to heal your family, friends, partners, and even yourself of common ailments with your own two hands. *The Complete Guide to Modern Massage* includes: An introduction to massage that outlines the history and basic principles of massage and how they relate to modern practice. World-famous massage techniques that include Deep Tissue, Reflexology, Tui Na, Craniosacral, Reiki, and more! Restorative applications for healing common ailments including headaches, neck pain, PMS, lower back pain, and more. Easy-to-follow guidance with illustrations, and simple step-by-step directions to master every technique. Give and receive rejuvenating massages with world-famous techniques and step-by-step instructions from *The Complete Guide to Modern Massage*.

From a founding member of the famous Esalen Massage program at the Esalen Institute in Big Sur, CA, this book guides couples through a sensual and restorative massage exchange. This intimate practice can enhance communication, relieve stress and tension, and to bring more joy into readers lives through the healing power of touch.

Are you looking for new ways to experiment and take your relationship to the next level? Or do you feel that you can find a deeper meaning while making love? *Tantric Sex* by Jessica Perel might be the answer you've been looking for! While this is an ancient method for enjoying a fulfilling and profound sexual life, it has resurged in modern times. And there are good reasons for this! If you want to make sex a more pleasing and significant experience, this is the way to go. Making love is much more than just a carnal activity. Making love requires you to enjoy the "here and now." It requires you to have a sound connection with your partner. Moreover, when you master tantric sex, you'll be able to move your inner energy and use it for have a sexual encounters as never before. In this guidebook you will learn to master the following: A simple but comprehensive guide of what tantric sex is, its principles, and how to apply it to you everyday guide. A complete list of tantric sexual positions. Ideas for foreplay and foreplay. Curate a tantric atmosphere to make the most of your sexual encounters. A list of foods and items that will help you to perform better during sex-as well as improving your overall health. The choice is yours. Get your copy RIGHT NOW!

Relieve pain, alleviate tension, increase relaxation, and recover and prepare for physical activities. Fun, modern illustrations and intuitive organization combined with the expertise of licensed massage therapist Rachel Beider allow you to quickly implement this powerful wellness tool. Massage therapy is a great way to connect and engage with your loved ones, applying healing techniques to reduce pain and tension while increasing relaxation and enjoyment. With this guide, learn how to give a deeply enjoyable therapeutic massage to family members, friends, or oneself. Beautifully illustrated and designed and with easy-to-follow instructions, *Massage for Beginners* is the perfect guide for learning the fundamentals of giving a really great massage. The *Press Here!* series offers contemporary takes on traditional hands-on healing practices for a new generation of practitioners. These introductory guides feature easy-to-access organization, clear instructions, and beautiful illustrations of each technique. Other *Press Here!* topics include reiki, reflexology, and acupressure.

Are you ready to feel on top of the world and let the stress of daily life drift away? Experience the healing power of touch through massage from someone you already know and trust--your partner! In this *Massage For Couples* Book, you will discover: - Naturally healing together--Practice a holistic method of experiencing pleasure and providing relief from stress and fatigue. - Body wisdom--Educate yourself on some light biology and anatomy lessons that will help you refine your skills and give truly transformative, bliss-inspiring massages. - Comfort and connection--Master instructions for resolving specific aches and pains as well as tips for connecting with a partner emotionally. If you are enthusiastic about deepening relationships through the power of touch, purchase this book!

A guide to pregnancy and childbirth provides all the information women need to make decisions about prenatal tests, pain control, and how and where to give birth, with advice on the development of the fetus, body changes, and labor preparation techniques. *Massages to relax, delight, and arouse...* 'If there ever was a manual that offered a step-by-step approach to putting the pep back into marriage or bringing new lovers closer, it's this one.'-Laurie Sue Brockway, author of *A Goddess is a Girl's Best Friend*- A *Divine Guide to Finding Love, Success and Happiness* Features- In touch massage techniques that help you relax-or stimulate-one another Pleasure zones for you to explore-from head to toe Ambient ideas to create the perfect space for sensuality Covering the development of massage from prehistory to today's "golden age," the founder of *Massage Magazine* helps to explain the evolution of this popular therapy.

*Connecting Through Touch*The Couples' Massage BookNew Harbinger Publications

Explore and Invigorate Your Relationship With Tantric Massage! *Tantric Massage for Couples: Essential Guide to Love Making and Couples Massage* can increase the pleasure you experience during sex, develop greater intimacy between partners, and even make your orgasms last longer. You can even develop a spiritual bond with your partner that transcends time and space! Many people have found that a sexual encounter is more powerful and more pleasing when you have a spiritual connection and not just a physical connection. With tantric massage, you can reignite that spiritual connection! When you purchase *Tantric Massage for Couples: Essential Guide to Love making and Couples Massage*, you'll learn the basis of massage, tantric touch, and tantric sex.

This insightful book helps you understand the female erogenous areas so you can give a successful tantric massage to your sensual woman! Tantric Massage for Couples: Essential Guide to Love making and Couples Massage will even help you increase the intensity of your lovemaking. You'll discover special techniques to "fire up" your love life, including the "Stroke of Compassion and Love"! Order Your Copy of Tantric Massage for Couples: Essential Guide to Love making and Couples Massage Today! This is a practical guide to using head, face, body and foot massage techniques, and a wide variety of aromatherapy treatments, to promote health and harmony. Over 150 illustrated techniques introduce easily learned massage strokes and essential oil applications for quick-fix daily remedies and slow, sensual relaxation.

First published in 1971, The Art of Sensual Massage has sold over a million copies worldwide and continues to be used as a standard reference book on massage. To celebrate its 40th anniversary, this updated edition includes 17 never-before-seen full-colour images from the original photo sessions, along with a matching DVD, shot in high-definition. The DVD follows each technique step-by-step, giving readers a comprehensive workshop in the comfort of their own homes. A guide to the relaxing and healing skills of massage, the ancient Japanese art of shiatsu and reflexology. With step-by-step instructions, the book guides the reader through the complete working sequence for each skill and provides detailed descriptions of appropriate strokes for each part of the body. The book also explains what the body can tell you and shows how massage can be used to soothe, to invigorate, to relieve aches and tensions and to help in difficult circumstances, from work to leisure, from pregnancy to old age.

Beautifully optimized for ebook reading, Sensual Massage for Couples makes learning sensual massage easy. Romantic, sensual and immensely relaxing, this is one of the world's best selling massage books. The book features a full body massage--with step-by-step instructions for every part of the body from head to toes. You'll learn proven recipes for pleasure that last a few minutes or linger for more than an hour. Special sections for stress control, erotic massage and powerful massage techniques that will enhance an exercise program make this book an essential volume for anyone interested in massage and drug-free relaxation. With literally hundreds of proven sensual massage techniques, the book is both comprehensive and easy-to learn. Nothing in life will relax you more thoroughly than a well-executed full body massage. Sensual Massage for Couples, was a Literary Guild selection for more than 8 years.

Sports Performance Massage instructs the student and practising therapist to use a combination of experience and scientific evidence to inform their sports massage practice, particularly when working with athletic populations. Strength and conditioning coaches, managers and athletes frequently ask questions about the best use of sports massage in order to recover quicker from injury and fatigue and improve performance. Sports Performance Massage empowers the therapist and gives them greater confidence by improving their scientific understanding when working with injured or

competitive athletes. The exciting new volume covers all the aspects required to make a highly skilled, confident and employable sports massage therapist. Working with high-level athletes requires an additional skill level compared to working with the general public. Furthermore, advanced massage skills taught in this book, such as soft tissue release and trigger point therapy, are essential when working on muscular adhesions and injured areas. Pregnant athletes, those with disabilities, contraindications and athletes with special requirements have also been considered. Sports Performance Massage is a learning and research aid for those studying vocational sports massage courses as well as those studying other courses where massage forms part of the undergraduate and postgraduate degree, such as sports therapy, sports rehabilitation, osteopathy and physiotherapy. Unlike other sports massage books, Sports performance Massage has a strong academic focus, allowing the graduate therapist to stay up to date with the latest research in their respective field.

Warm up a luxurious massage oil, arouse the senses with seductive fragrances, and communicate desire with the intimate, erotic act of massage. Full-color photos show how to work each area of the body, from the top of the head to the tips of the toes, and turn any massage into a beautifully sensual experience. See how to set the scene with atmospheric lighting and sound; master the strokes that will leave someone sighing with ecstasy; and use different textures and sensations to enhance the massage, including fabrics, feathers, and ice cubes. Separate sections explain what's just right for pampering a man or a woman, and a sensual oils aromatherapy chart presents a variety of fragrant options to choose from.

Discover a deeper connection with your partner through the healing power of massage There's nothing like the stress-relieving, mood-lifting comfort of physical touch to bring out the best in your relationship. Whether you are helping a partner with aches and pains or looking to foster intimacy, this book has everything you need! In this Couple Massage Book, you will discover: - How to prepare for your session - The best location for your lover - Oil vs Lotion - How to set up your room - Music recommendations to set the mood - How to approach different personality types and their response to massage - Advice for different body-types - The complete one-hour massage routine Learn the healing power of touch to promote wellness and heighten intimacy with this book!

Provides information on health-related topics, exercise, diet, and personal grooming

Demonstrates basic massage techniques, including self-massage and massage for infants and children, and discusses pressure techniques, and therapeutic massage

The power of touch between lovers is what binds us to one another. There is nothing more loving or intimate for couples than bringing comfort, relaxation, stress relief and sensual pleasure to your partner with a simple touch. In this book, written by me, a licensed massage

therapist, you will learn how to perform an hour-long, full-body massage without your back or hands hurting. This is the same massage therapy techniques performed by the professionals and the massage style that I used in my own professional massage therapy practice. Included: 1. How to prepare for your session 2. The best location for your lover 3. Oil vs Lotion 4. How to set up your room 5. Music recommendations to set the mood 6. How to approach different personality types and their response to massage 7. Advice for different body-types 8. The complete one-hour massage routine Now, when your partner asks you to rub their back or shoulders, you can massage them with confidence. This how-to massage therapy guide will bring you from a beginner to massage mastery to please your loved one. Please note, this book is not to be used as a textbook for massage professionals. It is designed for the beginner or non-professional and is meant to enhance massage and loving touch between partners. Perfect gift for birthdays, Valentine's Day, and Christmas! Kandace Blevin is a massage therapist licensed in both Florida and South Carolina. She was the owner of a successful massage therapy practice in Fort Myers, FL from 2013-2017 before moving to her hometown in Charleston, SC. She has worked in exclusive spas such as Playa Largo in Key Largo, FL and the Forbes 5 Star Sanctuary Spa in Kiawah Island, SC. Testimonials: "Kandace is a phenomenal massage therapist! She possesses the knowledge and understanding to help with any ailment. More importantly, she has compassion and empathy to understand your situation. I highly recommend Kandace!" Frank S. "Kandace is an amazing massage therapist. She takes the time prior to the appointment to find out more about the areas you need relief. I always leave feeling relaxed as she has been able to find the tension areas offering me much needed relief from the pain caused by stress or pressure points. After the session, she will give you tips and pointers on stretches and exercises to do to help you feel better and recover faster. I highly recommend Kandace!" Elizabeth D. Kandace has "magic" hands to soothe away anyone's aches and pains! She takes particular care to tailor her massages to fit each client's needs. I have been a client for over 2 years and really cannot live without my weekly "Kandace fix!" She has truly worked a miracle in helping me to achieve a more flexible and functioning body. I highly recommend her to anyone in need of a professional massage therapist." "Kandace is by far one of the best massage therapists that I have ever been to. She is always professional, kind and really knows how to find those knots that I seem to always have way down deep :) Finding someone who really knows how to give a deep tissue massage is always a challenge and she is incredible!" Jennifer D. "As a massage therapist myself it is very integral for me to have deep therapeutic massages for my wellness. Kandace is my go-to girl! Her knowledge of the anatomy and physiology mixed with her positive and influencing mood makes her one of the best!" Valerie J. "I have had many massages during my adult life....in many places....and Kandace was by far the best masseuse I have ever had! She immediately assessed my "trouble areas" and expertly eased the pain and spasms that have plagued me for weeks. I will be back..again and again!" Julia W.

Starting with a simple setting that can easily be accomplished with few special preparations, readers will learn, step-by-step, how to make a deep and meaningful connect with their partner's body. Using a combination of strokes from the most time-honored massage traditions, they will learn to be mindful of where their partner holds stress and tension. As the massage continues, readers will enter into a profound nonverbal dialogue with their partner, learning much from the simple act of contact with another body. All of the techniques are illustrated with black-and-white photographs. Elegant and refined, this book is a perfect gift for a special someone or a friend in love.

Press Here! Sensual Massage for Beginners is an introductory guide to practicing the art of sensual massage, with yourself and/or a partner—learn through beautiful illustrations, step-by-step instruction, and expert advice. Sexuality is an integral part of your health and self-development. Whether you are single, dating, or already in a relationship, spending quality time exploring the nature of your own and a

partner's sexual pleasure and expression through touch can increase your satisfaction, confidence, and bonding while reducing stress. With this guide, learn how to create a unique and satisfying sensual massage experience, including: How to use communication to create a safe space and honestly share desires Using breath and focus to slow down How to create different sensations with your hands A demystifying and non-shaming breakdown of the anatomy of arousal (often left out of traditional sex education) Creating a sensual space with oils, aromatherapy, toys, and props A guided practice model for trying a full body sensual massage either alone or with a partner Add sensual massage to your self-care routine or bonding time with a partner to improve your overall well-being with Press Here! Sensual Massage for Beginners. The Press Here! series offers contemporary takes on traditional hands-on healing practices for a new generation of practitioners. These introductory guides feature easy-to-access organization, clear instructions, and beautiful illustrations of each technique. Other Press Here! topics include massage, Kama Sutra, reiki, reflexology, chakras, face workouts, and acupressure.

This comprehensive manual is an invitation to discover the secrets of erotic massage for couples. Erotic Massage for Couples teaches you, step-by-step—with the help of one hundred color photos—how to unleash your new sensual experiences onto your partner. This comprehensive, practical book includes:

- A guide to the points of greatest pleasure
- Advanced techniques for couples
- Homemade recipes for massage oils
- Aromatherapy to awaken the five senses
- Bedroom feng shui
- Tricks to convert your bathroom to a spa
- Aphrodisiac dishes and beverages
- Automassage techniques
- And much more!

Discover the healing power of massage therapy! With The Complete Guide to Massage, you can use the power of touch to soothe aches and wash away worries. Each page guides you through the time-honored practice with step-by-step instructions and photographs for massaging yourself and others. You'll learn the different strokes and movements within a massage as well as techniques for popular methods, including prenatal massage, Swedish massage, and trigger point therapy. Whether you're looking to relieve muscle tension, alleviate pain, or simply de-stress, The Complete Guide to Massage will help you uncover a whole new world of healing and relaxation.

The Art of Tantric Sex: Achieve Perfect Intimacy and Experience Unparalleled Pleasure Using Ancient Tantric Sex Techniques Do you want to spice up your sex life in a meaningful way? Are you looking to improve your relationship and deepen intimacy? Tantric sex means 'the weaving and expansion of energy'. If you feel that your sex life has become a routine affair without much spark, tantric sex is for you. When we spend a lot of time with our partners, we get used to each other. We start operating by default, and the spark of spontaneity and newness gets lost. If we don't do something to fix that, sex life can completely fizzle out. Good news? It's not only possible to have amazing sex in longterm relationships-in fact, the more you know each other, the better. Tantric sex is all about that mind-body connection and the feeling of deep intimacy. It's a slow form of sex that enhances pleasures and leads to mind-blowing, long orgasms for both men and women. Here's what you'll learn in this guide to tantric sex: Tantric Sex 101: Everything you always wanted to know but were too afraid to ask, explained in detail Breathing and Preparation: Mind and body exercises that will help you achieve the tantric mindset and strengthen your desire for each other Positions and Techniques: How to walk the path of a sex god or goddess and experience mind-blowing pleasure together Multiple Orgasms and Massages: Learn how to prolong the pleasure and reach the stars with these time-tested sex techniques AND SO MUCH MORE! Even if you might think tantra sounds exotic, it's pretty simple. It all comes down to awakening your primal sexual energy and expressing it through intimacy. You and your partner will reach levels of connection you never thought possible! So Scroll up, Click on "Buy Now with 1-Click", and Get Your Copy Now!

Experience the Healing Power of Massage With more than 650,000 copies sold, The Book of Massage is the classic guide to the relaxing and

healing skills of the hands. Featuring both Eastern and Western methods, it presents step-by-step, beautifully illustrated instructions on everything from traditional massage to shiatsu and reflexology. The Book of Massage offers easy-to-follow techniques for giving the perfect massage, including advice on creating the right setting and suggestions for using aromatic oils and lotions. In the comfort of your own home, you can Soothe away stress and tension Develop your body's unique healing powers Banish headaches and back pain Share the language of touch Experience optimum health and vitality Now revised and updated with fresh color photos and drawings throughout, The Book of Massage is a simple and comprehensive handbook that reveals how you can experience the myriad benefits of giving and receiving a soothing massage.

Better Sex Better life, long lasting Relationship and less Stress We all want to have sex and enjoy it, don't we? This is a very fair request, but it is one of the wishes that hardly ever come to pass. Many sexual relationships ended in the brick because the partners had problems they could not find a way to handle, and there was a lot of things they should learn. Without mincing words, there is a lot of facts you need to understand about sex before you can have a great sexual life. Have you ever heard about sexual compatibility? What does it mean to be sexually compatible? What are the problems you can encounter during sex, how about the different positions in sex and the different ways to know you are having a sexually compatible partner? How do you get yourself out of erectile dysfunction and so many other sexual problems? Whether you are young or old, whether you have had sex earlier or not. You will need to get this fact at hand every time. They will help to discover what problems you may in sex, and how best you can get yourself out of each of them. Sometimes, you don't have any problem yet, but it is always recommended to empower yourself with knowledge of how to handle such sexual problems. Apart from learning about problems. You should also understand stirring facts like the different sex styles and sexual positions you can try with your partner during sex. If not that at all, you need to learn about ejaculation and ways to prolong it. Learning everything you can about sexual exploration can turn you to a matured knowledgeable fellow when you meet your partner. To discover the expert's response to all of your questions: BUY NOW: Sex Position For Couples - Complete Guide to develop your sexuality, boost your libido, prove your sex life. The top sex positions, Kamasutra, tantric sex, and massage secret. To start with, this is a book compiled from the research of various sexologists, family counselors and health specialists. It took a number of years to gather everything you ever need to know about sex in this book. It pictures the possible problems you can have in your sexual or marital life, and provide solutions or recommendations on them. All the ideas you need to spice up your marriage, or spice up yourself as a sexually attractive woman have been embedded in this book. It makes no difference you are married with kids or still single. If you can approach your sexual life with your partner differently, you can return to them to the sexual life of your teenage dreams. There are so many things that cannot be crumpled in these few lines. Among others, you will learn: Sexual compatibility. Orgasm. Different types of sexual positions Things to prepare before sex Sex positions Tips for a great erection Oral Sex Anal Sex Have fun and play dirty. How to get over performance anxiety, How to get over tantric sex. There are many more to learn in this eBook. Be sure you get yourself and your kids a copy, Scroll up to get the copy, now!

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