

Joel Whitton Life Between Life

Psychiatry remains an emerging discipline. Many people suffer from ailments that have no apparent cause, no obvious cure. Quite by accident, while using hypnotherapy, Dr. Modi discovered that pastlife regression can be a beneficial treatment. Many of these patients, under hypnosis, claimed to have spirits attached to their bodies and energy fields, creating psychological and physical problems. Based on years of experience, Dr. Modi describes techniques that release these spirits, revealing how patients can sometimes recover within a few sessions. While most doctors would agree that emotional states affect our health, few would give credence to spiritual "influences." In this truly groundbreaking book, Dr. Modi presents evidence that something beyond the physical affects the health of many people, and urges medical scientists to objectively assess this revolutionary approach to mental and, often, physical illness. Pioneers have the courage to put aside the status quo and evaluate what the evidence shows, even if it defies the prevailing logic of the time. Both physicians and the general public should explore the pioneering work of Dr. Modiwork which no doubt has produced many remarkable healings.

A renowned psychic offers a guide to contacting those who have passed beyond this sphere of existence, explaining how those in the afterlife can communicate with us and how these communications can help us in this life. Original. 65,000 first printing.

Life Is a Metaphor is an experiential, light-hearted look at improving the quality of life by examining thoughts, feelings, and behaviours. Join in this journey from the Starting Point to the Journey Without and finally the Journey Within. Learn how to look at life in a new and exciting way that can open up new horizons for self-discovery. Enjoy thinking positively, experience emotions that feel good, and practise behaviours that are productive and proactive.

Have you ever wondered what a past life session is like or how you might benefit from doing one? "Liberating Incarnations" explores adventures of past lives, from swimming through the earth, to a sailor dying in a stormy sea, to a pregnant woman in the late 1800s. Discover a startling view of time and how it really works. Share experiences of self-realization and the end of the search for who we really are: One with God. In their own voices, twenty-five people speak of their past life adventures and the personal healing that their journeys to the past brought about.

Novak investigates a belief called the Binary Soul Doctrine (BSD) which states simply that humans possess two souls which split at death, the conscious going on to reincarnate again and again, while the unconscious ends up in a type of limbo judging itself for all eternity. He goes on to explain that long ago the BSD was the primary belief of a single world religion, which since has been broken into more and more fragments. However, he claims that twentieth-century findings,

including the work of Freud and Jung, as well as findings of modern neuroscience and Near-Death research, has marked a resurgence of belief in the veracity of the BSD. Novak argues--just as those long ago did--that it is essential for humans to integrate these two souls together before death to avoid the nightmare of being split in two at death. He even offers a few steps to help readers start the process of integration.

Packed with fascinating details about the afterlife, *The Western Book of Crossing Over* builds on the foundation laid by popular psychic authors Sylvia Browne and John Edward, and serves as a passionate reminder of the importance of keeping an awareness of

This book examines five different types of evidence in the published afterlife material, and offers a set of rigorous criteria for each type that hopefully is sufficient to qualify the evidence as either "credible" or "not credible." Finally, the book proposes the scientific collection and qualification of even more credible evidence, of many types, in an attempt to establish what the afterlife is and is not. "The Case for an Afterlife by J. J. Jennings is a must-read for believers, skeptics, and everyone in-between." *Afterlife Review*

"When I finished reading this book, all I could say was WOW! What a stunning piece of literary work... It is concise, brilliantly written, backed by scientific findings, with clear human logic and intelligence. If this doesn't awaken the masses to delve into who and what they truly are, I can't imagine what will." ~ Jerry Issa, teacher of metaphysics, Trenton, Michigan This book will change your life if you let it. If we are accidental beings on a remote planet in a vast universe, existing for merely a blip in cosmic time, what's the point of living at all? Until we learn life is too significant to be a short-lived brilliance that rises out of nothing and ends in nothing, we will continue to live out our lives in, what Thoreau saw as, quiet desperation. We sense the materialistic wall when we ask the question, "Is that all there is?" Without resorting to miracles or magic, this book provides compelling evidence of life beyond the physical world by logically investigating the limitations of matter in the universe, by examining the gaps in scientific theories and by analyzing what the mystics already know about a spiritual existence. It takes a dedicated seeker with no preconceived ideas and no intent on arriving to see beyond the materialistic wall. This book is intended to expand your awareness of life here and hereafter, hopefully providing the spark that will start you on your own personal pilgrimage. The mystics tell us we will be guided to the next step along our spiritual path when we are ready. Are you ready? AWARENESS: The following might be the thoughts of those at different levels of awareness as they walk through a rose garden. I want - I wonder how much I could get for these roses. I believe - God created roses when He created the world and everything in it. I doubt - Roses evolved from wild flowering shrubs, but most garden varieties are hybrids. I seek - How could anything as beautiful as a rose happen purely by chance? I know - Roses, like all life on Earth, are physical manifestations of spirit.

The Holocaust of Nazi Germany created a karmic wound that still affects us today. Regression therapist Jeanne Avery finds that many of her clients struggle with past-life memories of this horrific time. In "A Soul's Journey," Avery shares these stories and their impact on us individually and collectively.

A ground-breaking study confirms that life choices are individually made within a between-life state of Bardo, where explanations for life's burdens and ideas for relief are also offered

Discover your true purpose in this life, by exploring your past life in this do-it-yourself guide to past life regression. Award-winning hypnotherapist Dr. Georgina Cannon shows how we can consciously influence our future by better understanding our past in *Return Again: How to Find Meaning in Your Past Lives and Your Interlives*. Cannon offers a practical and accessible approach that anyone can use to discover: Body and soul agreements Planes of existence Levels of understanding Karma Soul Mates--you may have more than one! Past lives and your "interlife"--where you meet those with whom you have a soul contract to plan your next life. Cannon offers a step-by-step process with simple explanations and pragmatic exercises that readers can use to answer questions about their past and current lives. *Return Again* is an easy-to-use tool that anyone can use to live life to the fullest.

This insightful book helps readers come to grips with the karmic connections from past lives that have helped create the circumstances of their lives today.

First Published in 1996. Routledge is an imprint of Taylor & Francis, an informa company.

Representing work by some of the leading scholars in the field, this volume presents important topics in the religious environment of contemporary Japan by surveying exciting trends, religious change and innovation, and the interactivity of religion with market and global forces.

This is a text book used in training programs around the world. It describes a methodical way of working that transcends ordinary psychotherapy while retaining a professional attitude. It avoids artificial hypnotic inductions and psychic interventions, but ties in directly with the experiences of the client. The style is down-to-earth, to-the-point, practical and fearless

This book is a printed edition of the Special Issue "Perspectives on Reincarnation: Hindu, Christian, and Scientific" that was published in *Religions*

Scattered throughout many kabbalistic and Hasidic texts are numerous teaching stories with reincarnation as their central theme. In order to make the classical stories understandable to the modern reader, each tale has been expanded to include clear explanations of cultural and religious details. Both classical and contemporary tales are included here, from sources as widely varied as kabbalistic texts, folklore anthologies, and discussion on the Internet. Of special interest are several new tales collected by the author himself, which have never before appeared in print.

Rooted in the creative success of over 30 years of supermarket tabloid publishing, the *Weekly World News* has been the world's only reliable news source since 1979. The online hub www.weeklyworldnews.com is a leading entertainment news site.

The River of Life is an allegory with many symbols. It is a modern day parable about the eternal nature of being. Everything is a cycle and full of purpose. The being in fulfillment had no beginning and will have no end. It cannot be destroyed. Like a cell of the human body, which can be cloned, the soul is a cell of Universal Being with the same natural power of the whole. There is always communication between the whole and the part, but we are mostly unaware. 'The

language of the mind' can only be understood by recognizing the way Inner Being, via the subconscious mind, communicates with the conscious. Only through meditation or dreams, when the conscious mind is induced to be quiet, can Inner Being communicate and conscious mind benefit.

Combining philosophical reflections with deep self-exploration to delve into the ancient mystery of death and rebirth, this book emphasizes collective rather than individual transformation. Drawing upon twenty years of experience working with nonordinary states, the author argues that when the deep psyche is hyper-simulated using Stanislaw Grof's powerful therapeutic methods, the healing that results sometimes extends beyond the individual to the collective unconscious of humanity itself.

The book that sheds new light on reincarnation and the extraordinary healing potential of past life and hypnotic regression therapy, from the New York Times bestselling author of *Many Lives, Many Masters*. Brian Weiss made headlines with his groundbreaking research on past life therapy in *Many Lives, Many Masters*. Now, based on his extensive clinical experience, he builds on time-tested techniques of psychotherapy, revealing how regression to past lifetimes provides the necessary breakthrough to healing mind, body, and soul. Using vivid past life case studies, Dr. Weiss shows how regression therapy can heal grief, create more loving relationships, uncover hidden talents, and ultimately shows how near death and out of body experiences help confirm the existence of past lives. Dr. Weiss includes his own professional hypnosis, dream recall, meditation, and journaling techniques for safe past life recall at home. Compelling and provocative, *Through Time Into Healing* shows us how to help ourselves lead healthy, productive lives, secure in the knowledge that death is not the final word and that the doorways to healing and wholeness are inside us. This book goes through the *WHOLE* of life in stages, but it begins not at birth, or even conception, but in the planning stage, in what is known by Tibetans as the Bardo - the inter-life stage - when important decisions are made re ones chief purpose(s) in the forthcoming life, the main lessons that need to be learnt, the karmic debts to be paid, and the main cast of characters. (Some people choose a happy life living with a soul mate, while others realise that they will learn more, overcome more important challenges and complete more of their karma by living a life on their own or one with more pain and difficulty.) And the book ends not at death, but rather shows how death is not the end, describing some fictional post-death scenarios. It includes numerous true case histories, many of which demonstrate the impact of previous lives on a persons present life, and each chapter is followed by useful self-help exercises. Above all it shows how there is a good reason for everything that happens in life.

Mediumship dates back to the Greek Oracles and beyond, but millennia later nobody yet knows for certain what transpires when a medium enters a deep trance. Today, the practice of channeling spirit guides through hypnotized

mediums is hotly debated. This strange phenomenon is either dismissed as a dubious parlor trick, or regarded as a form of communication between this world and the next. Many view "the guides" as a source of love and wisdom...but are they? For five years, Joe Fisher painstakingly investigated the claims of channelers and the mysterious voices that speak through them. The Siren Call of Hungry Ghosts is his gripping journey into a realm of darkness and deception.

The human being needs to awaken to the soul that inhabits each body and is our true self and source of inner knowing. Awaken through a process of self discovery, leading to one's own, self directed spirituality. We need to become mindfully conscious instead of ruled by the dictates of instincts, past habits and fixed beliefs. We need to throw away dogma, open our minds and reconsider. Instead of fear about our own survival and competitive angst, we will then be motivated by compassionate understanding and creative love. This book will expand your consciousness to the next level.

This text amasses data and surveys from a century of research on the paranormal on four continents: Europe, Asia, and the Americas. Studying the tensions between religious and scientific perspectives, the author reviews numerous substantiated accounts of demon-possession, of memories of past lives, of ghostly apparitions, and out-of-body experiences. He analyzes the medical evidence and what such experiences imply about survival after death. The author then looks at the reasons for the taboos on scientific discussion of such research within the social sciences, and proposes a new paradigm for a more holistic view of the field.

Life Between Life Scientific Explorations Into the Void Separating One Incarnation from the Next
Garden City, N.Y. :
Doubleday

The author discusses the life of her son Stephen who committed suicide at the age of fifteen, and relates messages she has received from him since his death, telling her why he took his own life and offering hope to other people who may be discouraged with their own lives.

Following the sudden, unexpected death of her loving husband of thirty-six years, a widow searches deeply for her will to live and feel again. She reaches in for calm and comes out with a story of grief and body/mind/spirit reunion. Through journaling, Ruthie finds Don again and receives wisdom from Spirit. Readers who have experienced the loss of a loved one or are interested in after-death communication will find solace in the message. The author shares her story with us, compelled by her renewed desire to live, feel, know, heal, create, serve and be. "As a retired psychotherapist, I would recommend this book as an invaluable tool to help others assuage their grief. It helps make finite the gap between 'here' and 'hereafter.' Ruthie has pointed the way for all of us who have suffered losses of loved ones to share more fully in the wondrous continuation of life that transcends death." —Sandra Nohre, PhD, Ft. Myers, Florida "Ruthie just sits down and has a good cup of tea with the reader." Joy Johnson, Centering Corporation, Omaha, Nebraska "I found this

book helpful and reassuring. Ruthie's open heart and spirit shine through." —Seanne Larson Emerton, licensed marriage and family therapist, Grand Island, Nebraska

Critical Reflections on the Paranormal discusses various aspects of paranormal phenomena such as telepathy, psychokinesis, trance-mediumship, near-death experiences, and past-life memories. It reflects on what is reasonable to believe about them, and why; and it suggests what changes they might demand in our worldview, if these phenomena are accepted as genuine. The collection includes essays written by Susan Armstrong, Heather Botting, Stephen Braude, Don Evans, David Ray Griffin, James Horne, Terence Penelhum, and the editors.

Deep in lost history, did high civilizations and advanced knowledge thrive? The ancient Vedic literatures of India describe a worldwide civilization that flourished at a time when modern historians insist that humans like us existed simply as hunter-gatherers. This Vedic civilization, centered in India, employed technologies based on a scientific understanding of the physical elements and forces we know today, as well as more subtle conscious elements. Devamrita Swami, who has spent a lifetime in his own search for Vedic India, takes us on a journey of intellectual discovery through the history of the remarkable Vedic civilization and its knowledge, locked in the ancient literatures of India. His wit and wisdom combine to make our search for Vedic India not only illuminating but entertaining. He tells us not only the truths of Vedic India, but how they are again coming to be. Searching for Vedic India thus takes us not only into the past, but into the future.

The key to self-development, says Mike Sayama, is the experience of Samadhi, a state of relaxed concentration in which the individual neither freezes out of fear nor clings due to desire. Simply stated, samadhi is the free flow of vital energy within the body and between the body and the universe. Moving effortlessly across traditions and techniques, Sayama discovers that sages throughout history—Greek philosophers, German mystics, Indian seers, and our own Albert Einstein among others—have taught that this experience of transcendental oneness lies at the heart of full self-realization. The first part of the book studies self-realization in Zen Buddhism. The author pinpoints its essence in Buddha's enlightenment. The development of Zen is then traced, continuing down to living masters who in very recent times have transplanted their lineages from Japan to the United States.

Sayama notes that we must choose as masters those to whom the authentic teaching has been transmitted through generations, and he examines in loving detail the sometimes strange and astonishing behaviors of those whose very presence communicates the state of samadhi. The second part of the book presents Zen therapy, a way of self-development emphasizing the cultivation of samadhi through psychophysical training. Sayama compares the effects of Rolfing, Feldenkrais, and Zen therapy on the human body and mind. He includes easy-to-follow directions for creating the inner state he describes. He tells vivid stories of extraordinary cases treated from the point of view that the best therapy is nothing less than the removal of all dualism. Four main practices are presented: zazen (meditation), hara development, circulation of the vital energy, and communication.

The title of this book draws our attention to the difference between two people having sex simply for having sex and two people having sex as an expression of love. It is a timely discourse when sexuality is being sorely tested.

Refreshing spiritual teaching on conception, pregnancy and childbirth. Learn about the journey of the soul and the intimate connection between parent and child during pregnancy and even before conception. Shows how to convey beauty and virtue to a baby's soul through meditation on music and art.

In this perceptive guidebook, Dr. Marilyn Barrick discusses the Indigo, Crystal and Spirited children, their mission to help Earth fulfill her divine destiny and the special challenges to the parents raising these extraordinary children.

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