

Manual Handling Guide For Nurses

Providing care and treatment for patients usually requires moving and handling activities associated with high rates of back injuries. The personal and financial cost of back pain and injuries to health staff means there is an urgent need to improve practice in this area. Over the past twenty years a number of guidelines have been published, however, these have been based on professional consensus rather than evidence. Evidence-Based Patient Handling tackles the challenge of producing an evidence base to support clinical practice and covers tasks, equipment and interventions. This book questions previously held opinions about moving and handling and provides the foundation for future practice.

The manual is designed to help nurse managers and nurses in supervisory roles to implement manual handling programs. The information focuses on nursing issues and is relevant to people working in acute, community nursing home and hospital services.

Vital Notes for Nurses: Professional Development, Reflection and Decision-making provides a concise, accessible introduction to professional development, reflective practice and clinical decision-making. Vital Notes for Nurses: Professional Development, Reflection and Decision-making explores the core strategies of reflective practice and decision-making underlying professional nursing development. Separate chapters on reflective writing, evidence-based practice, clinical supervision and portfolios demonstrate the inter-relationship between professional development and professional practice. It is aimed at both student and qualified nurses, recognising that professional development is a life-long commitment. It provides clear guidance to help practitioners think critically about their actions, work within professional boundaries, be accountable for their actions and plan for their future. * Provides a concise introduction to professional development, reflective practice, and clinical decision-making * Written in a clear accessible style which assumes no prior knowledge * Enables students to consider and develop their practice in order to become competent practitioners * Each chapter includes learning objectives, scenarios and case studies * In the Vital Notes for Nurses series

Manual Handling Guide for Nurses Manual Handling Guide for Nurses

The basic scientific principles underlying health care become clear with this straightforward, engaging and applied book. The authors of Science in Nursing and Health believe that in order to provide the best patient care, it's necessary to understand the diverse areas of science that inform it. Written in a question and answer format, this book will show you how science concepts relate to nursing and health care. It's packed with applications and real-life examples that show how relevant a good understanding of science is to your everyday practice.

"Students will find Rita Debnath's Professional Skills in Nursing a great introduction to the challenges of developing their clinical skills." - Mike Parkinson, Edinburgh Napier University What do I need to learn in order to progress through my course? How do I achieve the best possible patient-care? Professional Skills for Nurses answers both of these questions and supports the development of key nursing skills underpinned by theory. Designed specifically to meet the needs of nursing students in the initial stages of training, the book focuses on the essential knowledge and skills needed for effective patient-care while at the same time helping students to achieve the NMC outcomes required for entry into branch programmes. Each chapter focuses on a key aspect of nursing care backed up with - practical tips, - examples drawn from all branches of nursing, and - a range of study activities to help you reflect on your learning and get the most from practice placements. Key themes in healthcare such as ethics, evidence-based practice and health promotion are discussed throughout the book, highlighting how these relate to everyday nursing practice. Focusing on the core skills covered in the initial stages of training, Professional Skills in Nursing is the ideal introduction for students during the Common Foundation Programme.

Nursing in Care Homes is a practical guide for nurses of all levels working in care homes. It is directly relevant to everyday practice and covers clinical issues such as continence care, wound care, infection control, and nutrition, as well as information on a wider range of issues including legal requirements, care home standards, and liaising with social and health care services. The revised and updated second edition includes new chapters on maximising abilities, risk management, stroke, and diabetes and calls upon the recommendations of the National Service Framework for Older People and the requirements of the Care Standards Act (2002). Concise and easy to follow, Nursing in Care Homes is an essential guide to skilled professional care for all nurses in care homes. It will also be invaluable to nursing students undertaking their placements in care homes.

Nursing knowledge and practice is a comprehensive textbook which forms an ideal basis for foundation nursing students. The core emphasis in the organisation and presentation of knowledge in this third edition remains focused on the in-depth knowledge required by nurses to deliver care in the practice setting. The chapter contents encompass knowledge that applies to all branches of nursing e.g. Communication, Confusion, Aggression and Rehabilitation Safety and Risk, Infection Control, Medicines etc. The structure of all chapters is unique in integrating knowledge from subject areas often taught separately in the nursing curriculum. This enables the foundation student to integrate this range of knowledge in making decisions about the delivery of nursing care to patients/clients in all fields of nursing. Exercises are included to encourage reflection on practice and develop critical thinking skills. It also promotes the expansion of professional knowledge through the development of portfolio evidence. Building on the outstanding success of previous editions the authors have drawn extensively on current best evidence, including research, policy and substantial internet based resources, reflecting UK and international perspectives. • Each chapter begins with an overview of the content and concludes with a summary to help evaluate learning • Case studies reflect the diverse range of client needs and care settings of the four nursing branches and help relate theory to practice • Reflective exercises and suggestions for portfolio evidence, along with decision-making activities, promote reflection on personal experience and links to nursing practice using a problem-based approach • Current research is highlighted throughout, demonstrating the evidence-base for practice decisions. • Key web sites, annotated further reading and references encourage readers to pursue contemporary evidence that underpins competency-based practice. Full colour throughout Content fully updated in line with developments in clinical practice, teaching requirements and the evidence-base Free electronic ancillaries on Evolve enhance the knowledge provided in each chapter with additional information, exercises and resources An introductory chapter on 'Nursing Knowledge and Practice' explores the role and context of nursing, nationally and internationally, providing foundation information on core knowledge areas common to all nursing curricula.

This book is organised into chapters that address different groups of skills, and includes chapters on: Infection control, Respiratory Skills, Cardiovascular Skills, Neuro assessment skills, Early Warning Scores (observations) and Drug Administration. The book can be used both for self-testing and more constructive revision.

"Nurses play a vital role in improving the safety and quality of patient care -- not only in the hospital or ambulatory treatment facility, but also of community-based care and the care performed by family members. Nurses need know what proven techniques and interventions they can use to enhance patient outcomes. To address this need, the Agency for Healthcare Research and Quality (AHRQ), with additional funding from the Robert Wood Johnson Foundation, has prepared this comprehensive, 1,400-page, handbook for nurses on patient safety and quality -- Patient Safety and Quality: An Evidence-Based Handbook for Nurses. (AHRQ Publication No. 08-0043)." -- Online AHRQ blurb, <http://www.ahrq.gov/qual/nurseshdbk>.

Did you know that an estimated 12% of nurses leave the profession annually because of back injuries and that over half of RNs complain of chronic back pain? This book presents best practices in safe patient handling and movement. Nurse and hospital administrators, clinicians, clinical managers, risk managers, and those involved in procurement and implementation of patient handling technologies in the health care environment will find this a practical resource for improving care and protecting staff from unnecessary injury. You will come away from

reading this book with information that you can employ in a variety of work environments--hospitals, nursing homes, home care, and other health care organizations--whatever your practice setting may be. Caregiver safety approaches include: Evidence-based standards for safe patient movement and prevention of musculoskeletal injuries An overview of available equipment and technology Architectural designs for ergonomically safe patient care space Institutional policies, such as use of lift teams

This text presents an accessible overview of manual handling law and the legal implications and practical issues involved. Topics covered include equipment provision and handling of children in schools and guidelines on health and safety.

What will you find in this UPDATED edition: Answers to some of your questions about embarking on your career into children's nursing; How to safely care for children's needs in the ward according to their age and stage of their development; Examples on legal, health and safety issues; Completely updated and revised content written by authors with extensive nursing experience in the field. Part of the A Nurse's Survival Guide series

The U.S. Bureau of Labor Statistics recently calculated nearly 60,000 musculoskeletal injuries to healthcare workers resulting from heavy lifting during attempts to move patients. Often the nurses, aides, orderlies, and attendants who suffered permanent injuries were forced out of the profession, straining an already inadequate pool of workers and

Go 'back to basics' with this concise, clear text on the essentials of nursing care. Comprehensively covers all aspects of essential care Puts care into context and relates it to current UK Government policy and targets Shows how to apply theory in practice using diagrams and case studies Uses a 'reflective' theme throughout, in line with current teaching practice Explains Clinical Skills in the context of care Includes a companion website (www.pearsoned.co.uk/field) to support learning The book is designed to help the student develop a proactive approach to the assessment, planning, implementation and evaluation of the care that they give. The invaluable advice can be applied to all branches of nursing and to all environments where patients are nursed, whether in hospital, at home or care homes. Essential reading for nursing students, qualified nurses and all health and social care workers

This text consists of eleven chapters concisely summarizing general adult psychiatry in the form of notes. It is primarily intended for junior hospital psychiatrists, general practitioners and medical students; however, psychiatric nurses, psychiatric social workers, psychiatric occupational therapists and clinical psychologists may also find the book an asset.

Handy format makes for easy reference Clear, bulleted content puts the emphasis on quick reference Reflective activities Diagrams clearly explain difficult concepts Case studies highlight best practice

The ability to move easily and purposively contributes enormously to a sense of health and wellbeing, enabling increased independence and selfprotection. However, many of the patients you encounter will have some degree of immobility whether it is temporary (for instance, due to local anaesthesia), permanent (for instance, due to amputation or stroke) or variable (for instance, due to arthritis or morbid obesity). This practical pocket guide covers: • the anatomy and physiology of the musculoskeletal system • the principles of ergonomics • safe moving and handling practices • positioning the patient • performing a range of movement exercises • legal aspects of moving and handling • the promotion of sleep. This competency-based text covers relevant key concepts, anatomy and physiology, lifespan matters, assessment and nursing skills. To support your learning, it also includes learning outcomes, concept map summaries, activities, questions and scenarios with sample answers and critical reflection thinking points. Quick and easy to reference, this short, clinically-focused guide is ideal for use on placements or for revision. It is suitable for pre-registration nurses, students on the nursing associate programme and newly qualified nurses.

Manual Handling in Health and Social Care is written for all those involved in the manual handling of adults or children - including those carrying it out, assessors, managers and commissioners. It lays out the current legal requirements in a non-technical way and includes case studies illustrating the law applied in practice, across health, social care and sometimes educational settings. The book applies to England, Scotland, Wales and Northern Ireland. An extended introduction sets out challenges, past, present and future, including safety, balancing risk with duties to meet people's needs, human rights, avoidance of blanket policies, mental capacity, safeguarding, the limited resources of statutory services and single-handed care. It also considers some of the legal implications of increased use of technology (including remote assessment), as well as the "mechanisation" of care and its application to manual handling. The main part of the book is in the form of an A-Z guide, providing quick access to relevant legislation and common law (negligence) rules applying to personal injury cases. It covers also, extensively, judicial review legal challenges to decisions, when people and their families disagree with manual handling decisions that have been made. In addition, relevant ombudsman cases are included. The book will be essential reference for staff and managers in health and social care settings, students, legal professionals and all those working to ensure good practice and compliance with the law. A clear, concise and comprehensive guide to moving and handling patients Superbly illustrated, with full colour photographs throughout Practice-oriented and based on the latest evidence to provide safe and effective patient care Ideal for nursing students, health care assistants, newly qualified nurses, as well as physiotherapists and occupational therapists

It is ironic that those whose job it is to save lives often find themselves injured in the course of performing their duties. In fact, according to the Bureau of Labor Statistics, healthcare workers have higher injury rates than agriculture workers, miners, and construction workers. The Handbook of Modern Hospital Safety, Second Edition covers exposure paradigms and offers solutions and models of protection for these individuals, presenting the latest science and intervention strategies that have proven successful in the scientific community. Extensively revised, this second edition explores a host of hazardous conditions that are faced by healthcare workers in today's hospitals, including: infection and infectious diseases back injuries needlesticks workplace violence slip, trip, and fall injuries ergonomic issues electrocautery smoke toxic drugs ethylene oxide aldehydes pentamidine ribavirin In this long-awaited update to William Charney's seminal work, experts from leading hospitals, universities, and health organizations explore these health risks and suggested preventive measures, discuss recent research and new information on technology to protect workers, cover new legislation and regulations, and provide insight into the philosophy of creating a safe hospital culture.

This is the key text for introductory level nursing, covering all the core areas. Practical and great value, it is comprehensive and also contains new chapters on cutting edge topics. Alongside an all-new companion website, this is

an outstanding edition for CFP study from a tried and trusted team.

This title is directed primarily towards health care professionals outside of the United States. It is written specifically to meet the needs of nursing students undertaking the common foundation programme. It aims to explain how and why sensitive, holistic and evidence-based nursing care is carried out. Therefore it is relevant to students who will enter all branches of nursing and includes material that is both common to all and specific to each branch. The book aims to provide all students on foundation nursing and health care programmes with material of sufficient depth/breadth to achieve the NMC outcomes required for entry into the branch programmes. There is an emphasis not only on the theory that underpins nursing practice in the common foundation programme but also on nursing skills which form an increasingly emphasized part of the programme. The chapters have been reviewed by experts from each branch and also clinical skills to ensure the content reflects each branch accurately and appropriately. Emphasis on clinical skills & lifelong learning Realistic scenarios reinforce the need for patient/client-centred care with a holistic approach Activity boxes for all branches and age groups in each chapter ensure relevance to nurses in diverse settings An integrated approach to health promotion with activity boxes emphasises that health maintenance and promotion are central to contemporary nursing practice Reflection, critical thinking and research/appraisal skills are encouraged with a problem centred approach that will help to develop the skills needed to provide sensitive and effective, high quality care and to integrate theory with practice The emphasis on nursing/clinical skills underlines the importance of core skills - an integral part of the patient/client experience Cultural diversity is a core theme throughout The importance of evidence-based practice is highlighted and the text helps readers are assisted to acquire the skills to provide evidence-based care A wide range of general and branch-specific interactive boxes help to develop an understanding of some issues in other branches as well as the core issues that affect all nurses. Self- test questions and answers provide an opportunity for readers to take responsibility for and check their learning. Valuable learning tools are included: glossary of key terms, useful websites and references

Nursing personnel are consistently listed as one of the top ten occupations for work-related musculoskeletal disorders, with incidence rates of 8.8 per 100 in hospital settings and 13.5 per 100 in nursing home settings. Strategies to prevent or minimize work-related musculoskeletal injuries associated with patient handling are often based on tradition and personal experience rather than scientific evidence. The most common patient handling approaches in the United States include manual patient lifting, classes in body mechanics, training in safe lifting techniques, and back belts.

"This manual, the first of its kind focused on district nursing, provides the means to build competence and confidence in nurses new to the community, or developing their skills. The comprehensive and evidence-based content provides essential information for competence in key areas of district nursing." —From the Foreword, by Rosemary Cook CBE, Hon D Lett, MSc, PG Dip, RGN Director, The Queen's Nursing Institute Clinical skills are a fundamental aspect of district nursing care. The District Nursing Manual of Clinical Procedures is a practical, evidence-based manual of clinical skills which reflects the unique challenges of district nursing care within the patient's home. It provides a comprehensive resource for all district nurses, community nurses, students and healthcare professionals involved in the district nursing team, enabling them to practice competently and confidently and deliver clinically effective, person-centred care. The District Nursing Manual of Clinical Procedures addresses the complexity of district nursing care and encompasses key aspects of clinical practice, including decision making in areas that district and community nurses often struggle with or find difficult when they are on their own in a patient's home. It utilises the latest clinical research and expert clinical knowledge to address these challenges, and to provide the underlying theory and evidence for district nursing care. Key features Evidence-based manual of practical clinical skills in district nursing care Clear, user-friendly and easy to understand Contains recommendations for expert care within a patient's own home Addresses key concerns of district and community nurses working on their own within a patient's home Encompasses key aspects of district nursing care Placed in the context of person-centred care All procedures include the rationale for each action - 'why' as well as 'how' This title is also available as a mobile App from MedHand Mobile Libraries. Buy it now from iTunes, Google Play or the MedHand Store.

This volume is written especially for health professionals affiliated with hospitals, veterinary clinics, dental offices, dental laboratories, toxicological testing laboratories, and pharmaceutical laboratories as a contribution to attain security in such working environments. Possible hazards in the working environments for the health professionals are discussed, followed by recommendations of the various precautions that may be taken to avoid these hazards. The possible hazards in hospitals discussed are ergonomics, physical hazards, chemical hazards, and bacteriological risks. The ergonomics, chemical hazards, and bacteriological risks for dental offices and veterinary clinics are also explained.

Manual of Perioperative Care is a comprehensive manual of principles of care designed to support the clinical practice of perioperative practitioners, whether they are nurses or operating department practitioners. This book meets the needs of those studying perioperative practice as well as those who would like an up-to-date comprehensive reference on their bookshelf. It covers the fundamentals of perioperative practice, placing them within the wider context of modern surgical care. With a practical, accessible focus, aided by full colour illustrations, this book follows the journey that the patient make through their surgical care, with sections on: The foundation for safe and effective perioperative care Infection prevention and control Patient safety and managing risks Different patient care groups Approaches to surgery This book is essential reading for all students on perioperative courses, as well as newly qualified perioperative nurses and operating department practitioners.

Clinical skills are a fundamental aspect of nursing care of children and young people. The Great Ormond Street Hospital Manual of Children's Nursing Practices is an evidence-based manual of practical skills in children's nursing which builds on the extensive expertise developed at Great Ormond Street Hospital. It encompasses all aspects of children's nursing from the most basic aspects of everyday practice to advanced practice in high dependency and intensive care to provide a comprehensive resource for all qualified nurses, students, and other health-care professionals involved in caring for children, both in the hospital and the community setting. Children's and young people's nursing presents unique challenges. The Great Ormond Street Hospital Manual utilises the latest clinical research and expert clinical knowledge to address these challenges, and provides the underlying theory and evidence for nursing care of children. It provides a definitive guide to clinical skills procedures in children's and young people's

nursing which enables nurses working with children and young people to practice confidently and deliver clinically effective family-centred care. Key features Offers access to clinical procedures developed through the extensive expertise from Great Ormond Street Hospital Contains evidence-based recommendations for expert care Encompasses all aspects of children's care Contains procedures guidelines students can rely on and effectively use in practice following qualification Highlights specific needs of neonates and adolescents Placed in the context of inter-disciplinary care of the child Includes the rationale for each procedure - the 'why' as well as 'how' Information presented in a similar way to The Royal Marsden Manual of Clinical Nursing Procedures - offering continuity to those working in both adult and paediatric settings This title is also available as a mobile App from MedHand Mobile Libraries. Buy it now from iTunes or the MedHand Store.

The Safe Patient Handling and Mobility Standards establish a uniform, national foundation for safe patient handling and mobility to prevent injury to healthcare workers and healthcare recipients across the care continuum. These standards outline the role of both the employer and healthcare workers in safe patient handling and mobility. There are eight overarching standards featured in the book, each one outlined and explained in detail: Culture of Safety, Sustainable SPHM Program, Ergonomic Design Principle, SPHM Technology, Education, Training, and Maintaining Competence, Patient-Centered Assessment, Reasonable Accommodation and Post-Injury Return to Work, Comprehensive Evaluation Systems Nurses and all other healthcare workers can use these standards to improve their safe patient handling and mobility programs and optimize safe, high quality patient care.--Page 4 de la couverture.

Written specifically for student nurses as well as those already in practice, Dimond's Legal Aspects of Nursing is your essential practical guide to the legal principles you need to be aware of in your everyday nursing practice. Building on previous editions of the book by Bridgit Dimond, this 8th edition has been significantly reworked by a new author team with extensive experience in teaching nursing law. It has also been fully updated and revised in line with recent legal developments and the new Nursing standards to ensure it continues to meet the requirements of nursing law modules.

As a nursing student you will have learnt lots of nursing theory and research – but how do you translate this into practice and apply it to the skills you need? Where do you start? What steps should be carried out and in what order? What should you do afterwards? Essential Nursing Skills answers these questions for over 130 clinical skills. Each one is explained from start to finish, using a step-by-step approach, with clear illustrations and colour photographs to enhance understanding. Small enough to carry with you and specifically designed and written to aid learning, this book is invaluable for nurses across all fields. • Attractive design – easy to use • Skills explained step by step • Comprehensive list of skills covers all that students will encounter in practice • Points for Practice sections encourage readers to reflect and learn • Further reading and references point to the evidence and knowledge base for each skill. Full-colour photographs illustrate many of the procedures Full colour is used throughout to help navigate procedures Section listing normal values of commonly used blood tests Skills to assess deteriorating patients and care for patients undergoing surgery Reflects changes in nursing and professional national guidelines.

Get 24 months FREE access to an interactive eBook* when you buy the paperback! (Print paperback version only, ISBN 9781473929579) A Unique Blend of Digital and Print Learning Resources! Essentials of Nursing Practice is a ground-breaking new resource which introduces nursing students to the core topics they need to master during their first year and beyond. It brings the study of nursing to life across all four fields of nursing, in all settings, focussing on what it takes to be the best nurse you can be through person-centred compassionate care. Unlike any other book it uniquely blends digital and print learning resources to engage all styles of learners and to provide lecturers with helpful resources to use in their teaching. More than just a book! An accompanying interactive eBook links to extra resources including videos, case studies, interactive revision quizzes, flashcards, study plans and more. Students can use the eBook to study where and when they want, and read, annotate and search the book on a tablet, laptop or PC. All these resources are also available through SAGE edge - visit

<https://edge.sagepub.com/essentialnursing> to find out more. (Please note that the free access to these resources is only available when you purchase the Print copy of this textbook) Key features of the print and eBook help students to: • Understand: Colourful easy-to-navigate design, chapter topic lists, study plans and knowledge links help students to quickly grasp what they need to know and how topics are interrelated. • Apply: Real voices from students, patients and nurses, case studies with questions, clinical skills videos, and anatomy and physiology revision help students apply knowledge in placements or practical assessments. • Go further: 'What's the Evidence' summaries of research, critical thinking activities, links to SAGE journal articles, useful websites and further reading help students prepare for essays or for the next stage of their course. • Revise: Chapter summaries, test-yourself interactive questions and key term flashcards help students do their best at assessments and exams. Advisory Editors Learning Disabilities: Robert Jenkins and Ruth Northway, University of South Wales Child Nursing: Carol Hall, The University of Nottingham Mental Health: Steven Trenoweth, University of Bournemouth Adult Nursing: Karen Elcock, Kingston University London Clinical Skills: Fiona Everett and Wendy Wright, University of the West of Scotland *interactivity only available through VitalSource eBook This title is directed primarily towards health care professionals outside of the United States. Now revised and fully updated in line with developments in nurse education, this fourth edition will prove indispensable to pre-registration nursing students on the Common Foundation Programme. It provides an essential guide to working in health care settings and prepares them for entry to their chosen branch programme. It will also be of relevance to other health care professionals such as health care assistants.

The new edition of this highly popular book is an indispensable guide to daily procedures and problems for nurses starting work on the ward or returning to practice. It provides guidance in a variety of areas including: how to organise your job and yourself; how to assess patients; clinical information on a wide range of conditions; important principles, procedures and investigations; how to administer drugs safely; and what to do in an emergency. As well as information on how to do the job, the importance of communication and nursing care issues is emphasised. Background information is also given on underlying legal, health and safety issues. This book will help you with Organising your job and yourself Assessing patients Getting clinical information on a wide range of conditions Important principles, procedures and investigations Administering drugs safely What to do in an emergency Communication, legal health and safety issues A new section on professional practice relates current issues to nursing practice Updated drug section provides essential understanding of common drug classes New resuscitation guidelines Named a 2013 Doody's Core Title! "This is a good reference for the varied healthcare professionals who must move and transfer patients. The book is clear and well written, with illustrations to strengthen the narrative." --Doody's "The evidence-based methods suggested in these pages protect nurses from injury and ultimately improve patient care." --M. Elaine Tagliareni, EdD, RN President, National League for Nursing Ancillary materials include new DVD and Instructor's Guide Please note: DVD contains

digital videos only -- no audio track. (Qualified instructors may email textbook@springerpub.com to request instructor's guide) As a nurse, you are all too familiar with heavy lifting, sustained awkward positioning, excessive reaching, and static posturing. With this comprehensive volume, Nelson, Motacki, and Menzel show you that there is another way. Learn about the new techniques and technologies specifically designed to reduce caregiver and patient injuries. The authors present the Evidence-Based Safe Patient Handling Program, a practical system of guidelines to be used in numerous clinical settings. Each chapter explains how to apply the program to specific clinical settings, such as medical and surgical, critical care, orthopaedics, pediatrics, labor and delivery, rehabilitation settings, the perioperative suite, and nursing homes. Implement the components of the program to multiple clinical settings: Assessment: Learn to evaluate the patient's body strength and about other conditions that affect the patient handling task Care Plan: Outline the safest way to accomplish the required task based on the assessment Algorithms: Learn the step-by-step, problem-solving procedures for carrying out patient handling activities safely Photos and videos illustrate the techniques: The included DVD and photographs illustrate how to use the technology, as well as how each task, movement, and position should be completed. These tasks include: Lateral transferring to and from beds using sliders Rescuing fallen patients off the floor with a floor-based lift Bariatric patient lifting and dressing Transferring patients with lower limb amputations And many more

This second edition of Foundations of Nursing Practice has been revised and updated specifically to meet the needs of nursing students in all fields of practice The book explains how and why sensitive, safe, evidence-based holistic nursing care is carried out, including topics common to all fields of practice. Core nursing skills are emphasised to reflect the importance of clinical skills as well as the underpinning theory. Aids to learning in each chapter: Learning outcomes Interactive boxes for all age groups and fields of nursing practice Key words and phrases for literature searching Useful websites, references and further reading. This book provides a comprehensive introduction to nursing that will meet the needs of students, nurses returning to practice, mentors and other registered nurses. Relevant to all branches of nursing settings: infants, children, adults, pregnant women, older people and people with a learning disability or mental health problems Themes relevant to all stages and fields of nursing practice include safety, infection prevention and control, managing stress, communication, managing wounds and pressure ulcers, and dealing with loss Scenarios develop the skills of evidence-based practice, critical thinking, reflection and health promotion, and encourage further learning The areas of psychology, sociology, physiology and pathology are clearly related to nursing practice Key principles of health promotion, the law and ethics, the human lifespan and development are explained in earlier chapters, then applied in later chapters Cultural diversity information helps with understanding the needs of people from different backgrounds Person-centred approach encourages problem solving and application to practice Evidence-based practice is explicit throughout, and best-practice guidelines underpin exploration/explanation of nursing care. Easy-reference Glossary at the back of the book. Meets the requirements of the new pre-registration nursing curriculum including the NMC (2010) competencies and Essential Skills Clusters Greater emphasis on safeguarding vulnerable people, maternal health and first aid Self-test questions with answers available on accompanying website.

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