

## Speroff 9th Edition

Part of a new series on reproductive medicine, this book is a complete guide to reproductive surgery. Beginning with an overview of the role and techniques of diagnostic laparoscopy, the following chapters cover numerous surgical procedures for the management of infertility. The book presents the latest advances in the field and each chapter includes key points and references for further reading. Clinical photographs, diagrams and tables further enhance the comprehensive text. Other titles in the series include: Practical Guide in Infertility, Practical Guide in Assisted Reproductive Technology and Practical Guide in Andrology and Embryology. Key points Comprehensive guide to reproductive surgery techniques Part of new series on reproductive medicine Covers numerous procedures for management of infertility Chapters include key points and detailed references for further reading Many reproductive and developmental health problems are caused by exposure to chemicals that are widely dispersed in our environment. These problems include infertility, miscarriage, poor pregnancy outcomes, abnormal fetal development, early puberty, endometriosis, and diseases and cancers of reproductive organs. The compelling nature of the collective science has resulted in recognition of a new field of environmental reproductive health. Focusing on exposures to environmental contaminants, particularly during critical periods in development and their potential effects on all aspects of future reproductive life-course, this book provides the first comprehensive source of information bringing together the arguments that are spread out among various scientific disciplines in environmental health, clinical and public health fields. It provides a review of the science in key areas of the relationship between environmental contaminants and reproductive health outcomes, and recommendations on efforts toward prevention in clinical care and public policy.

Endomyometrial pathology is interesting, more intriguing, fascinating and challenging because of its wide variations. Keeping in view these facts, an attempt is made to study the different varieties of endomyometrial pathology which will bear impact on patient management and prognosis. In this book, anatomy, histology, embryology and endomyometrial pathology are described in brief. This book is very helpful for postgraduate students and faculties of Pathology and Obstetrics and Gynecology.

Four years have passed since the last edition (3rd) of this book was published. In the intervening years, several reviews of this book have provided highly encouraging remarks about the value of this book in transmitting information on classification and treatment of psychiatric disorders to the audience. We are proposing to revise all chapters with an eye on accuracy and ease of use, and this is an especially timely endeavor with the upcoming publication of the Diagnostic and Statistical Manual V. All the appropriate new information on biology, etiology, diagnosis and treatment of psychiatric disorders will be added to the current proposed edition. It is our goal to recruit the same authors (if possible) who contributed to the previous edition. While all chapters will be updated (see TOC), those marked by asterisks will be the most likely to undergo more revision. Psychiatry has emerged as a burgeoning scientific field with major advances in etiology and treatment of several disorders. Just as there was excitement in the anatomic advances that took place a hundred years ago when Emil Kraepelin and his collaborators took on the enormous task of classification of psychiatric disorders based on rational scientific thinking, new advances in genetics, biochemistry, neuroanatomy and pharmacotherapy of mental disorders have brought us even closer to a better understanding of complex disorders like schizophrenia, bipolar disorder, depression and even autism. The major goal of the previous edition of this classic book was to update the busy clinician, psychiatric resident and medical student with the most up-to-date information on etiology, diagnosis and treatment of psychiatric disorders. This goal remains the focus of the fourth edition of this book. In this updated and expanded edition, the reader will be provided with the most contemporary information and literature supported by a close survey of the field. This new edition of this classic title, with its focus on biologic and medical aspects of psychiatry, will continue to be of significant help to all interested in the scientific practice of psychiatry.

First multi-year cumulation covers six years: 1965-70.

This book is a comprehensive guide to emergency and trauma care covering the complete process, from pre-hospital care, rapid and point of care assessment, and triaging, to care of the patient during transfer, and in-hospital care. Beginning with a general overview of emergency care and resuscitation, the following sections discuss the treatment of emergencies and trauma in different systems of the body. A complete section is dedicated to paediatric emergencies. The final chapters cover trauma management, toxicology, disaster management, and environmental emergencies such as thermal and chemical burns, and snake bites. The descriptive text is further enhanced by more than 700 flowcharts, tables, diagrams, clinical photographs, and short notes to assist learning. Key points Comprehensive guide to emergency and trauma care Covers management of emergencies in different systems of the body Includes section on paediatric emergencies Highly illustrated with flowcharts, tables, diagrams, photographs and short notes

Part of a new series on reproductive medicine, this book is a complete guide to the diagnosis and management of infertility. Beginning with an overview of infertility in both women and men, the next chapters discuss assessment and ultrasound. The following chapters cover numerous causes of infertility, and their diagnosis and treatment, examining both medical and lifestyle issues. The book presents the latest advances in the field and each chapter includes key points and references for further reading. Clinical photographs, diagrams and tables further enhance the comprehensive text. Other titles in the series include: Practical Guide in Reproductive Surgery, Practical Guide in Assisted Reproductive Technology and Practical Guide in Andrology and Embryology. Key points Comprehensive guide to diagnosis and management of infertility Part of new series on reproductive medicine Covers numerous causes of infertility, and their diagnosis and treatment Chapters include key points and detailed references for further reading

This book is a concise guide to the diagnosis and management of reproductive health issues in adolescents that may lead to future fertility problems. Beginning with an overview of female adolescence and reproductive development, the following chapters cover different disorders including PCOS (polycystic ovary syndrome), endometriosis, anaemia, menstrual abnormalities, teenage pregnancy and abortion, STIs and more. Each section provides step by step guidance from history taking, signs and symptoms, and clinical examination, to diagnosis and therapy. A complete chapter covers the 2012 POCSO (Protection of Children from Sexual Offences) Act. Key points Concise guide to reproductive health issues in adolescents, subsequently leading to fertility problems Discusses investigation, diagnosis and management of numerous disorders Covers POCSO Act 2012 Includes clinical images and figures to assist learning

This comprehensive reference and text synthesizes a vast body of clinically useful knowledge about women's mental health and health care. Coverage includes women's psychobiology across the life span--sex differences in neurobiology and

psychopharmacology and psychiatric aspects of the reproductive cycle--as well as gender-related issues in assessment and treatment of frequently encountered psychiatric disorders. Current findings are presented on sex differences in epidemiology, risk factors, presenting symptoms, treatment options and outcomes, and more. Also addressed are mental health consultation to other medical specialties, developmental and sociocultural considerations in service delivery, and research methodology and health policy concerns.

Perioperative care is the care that is given before and after surgery. This textbook is a complete guide to the anaesthetic and critical care management of patients undergoing complex surgeries in all organ systems of the body. Topics cover all age groups – neonates, children, and adults. Divided into 11 sections, the book begins with a general overview of critical care in the perioperative period discussing airway management, pain, fluid and electrolyte therapy, shock, arterial blood gas analysis, respiratory failure and mechanical ventilation, and thromboembolism. The following sections cover surgeries in different organ systems and patient groups – cardiothoracic and vascular, neurosciences, paediatrics, obstetrics and gynaecology, gastrointestinal, genitourinary, orthopaedics, head and neck, and transplantation. The final section explains selected miscellaneous topics including nutrition, haemodynamic monitoring, echocardiography, renal replacement therapy, and antibiotics. Compiling 700 pages, the comprehensive text is further enhanced by clinical photographs, diagrams and tables. Key points

Comprehensive guide to perioperative critical care in neonates, children and adults  
Covers complex surgeries in all organ systems  
Includes discussion on imaging, airway management, and ventilation  
Highly illustrated with clinical photographs, diagrams and tables

Doody Rating: 3 stars: Over the last decade impressive improvements in computer and ultrasound technology have promoted a wide use of ultrasound in clinical practice. With the advent of color and power Doppler ultrasound, and more recently three- (3D) and four-dimensional (4D) ultrasound, research expansion in the field of human reproduction, obstetrics and gynecologic oncology has occurred. Ultrasound has simplified guided techniques such as oocyte collection and breast biopsy, but has also become an important technique in the assessment of the follicular growth and endometrial development, as well as in evaluation of the uterine and ovarian perfusion. Significant studies have been made in the gynecological application of Doppler sonography and screening for ovarian and uterine malignancy. In obstetrics, Doppler sonography has allowed unprecedented insight in the pathophysiology of human fetal development. In a relatively short period of time, 3D and 4D ultrasound has proved to be a useful clinical tool in almost all sections of gynecology and obstetrics. In this book the authors explain the significance of each of the discussed subjects in an effective way, by integrating important and updated information and illustrative examples. The contributors of this edition have made significant improvements, included updated information and a few unique illustrations. Each chapter has been reviewed and revised to focus on the clinicians needs in ultrasound practice. The educational impact of the book is further enhanced by adding a manual for sonographers and physicians entitled Clinical Sonographic Pearls that was created for better organization of important clinical presentation-based information."

This book reviews important advances that have made the field of assisted reproduction a dynamic subspecialty and provides insight into other exciting areas of research that will continue to revolutionize the field in the future. Assisted reproductive technology (ART) involves the use of medical techniques to tackle infertility. ART includes the usage of procedures such as ICSI (intracytoplasmic sperm injection), IVF (in vitro fertilization), cryopreservation of embryos or gametes, use of fertility medication and so on. This book aims to highlight the most recent advances in assisted conception and highlights ongoing and potential future of this field. This book consists of 42 chapters, which include individualized controlled ovarian stimulation, Luteal phase stimulation, role of adjuvants in controlled ovarian hyperstimulation, endometrial receptivity, procedure in assisted reproductive technology, genetic testing in male infertility, medical management of male infertility, color Doppler in infertility, fertility-enhancing surgeries in ART, recurrent pregnancy loss, regenerative medicine in infertility, oocyte quality, morphokinetics in ART, co-culture techniques in ART, triple parenting etc. The book is a comprehensive learning manual providing important information for both scientists and clinicians. Every chapter is focused on a specific topic and uses international scientific standards of evidence-based medicine.

This volume of the Handbook of Systemic Autoimmune Diseases series represents a medical collaboration focusing primarily on female aspects of rheumatic diseases. This collaboration recognizes the need to understand and optimally manage the care of women with autoimmune conditions that may affect their reproduction and hormonal status. This handbook will prove useful to clinicians and researchers alike. It covers practical points, ranging from which anti-rheumatic medications are safe in pregnancy to how to counsel women with scleroderma contemplating pregnancy. \* Authors share an academic interest in the unique relationship between being a woman and having an autoimmune disease \* Touches on controversial topics, such as the mechanism of antiphospholipid-related fetal loss and whether or not non-steroidal anti-inflammatory agents should be used in pregnancy \* Includes critical and balanced reviews of the controversial association between autoimmune disease and female infertility

Hot flashes and sleepless nights? Feeling anxious and irritable? Feel like you're losing your mind? Frustrated with weight gain? It's time for a makeover—a menopause makeover! Staness Jonekos knows all too well how you feel. Leading up to her wedding day at the age of forty-seven, she was sporting a not-so-sexy belly bulge, suffering from hot flashes and feeling in no mood for a honeymoon. Jonekos took drastic action and created the first-ever menopause makeover to get back into that little white dress and feel sexy again in just twelve weeks. Now she joins forces with leading menopause expert Dr. Wendy Klein to give you the relief you need, fast! Based on the latest scientific research, and designed for both pre- and post-menopausal women, The Menopause Makeover is a proven, eight-step program to help you reclaim your health—and your life. • Evaluate if hormone therapy is right for you • Beat belly bulge with The Menopause Makeover food pyramid and recipes • Tone up and trim down with The Menopause Makeover fitness formula • Boost your libido and learn to love intimacy again • Regain your vibrant, youthful glow with essential beauty tips • Manage stress and get off the mood-swing roller coaster • Stay motivated with self-assessments and tools to track your progress

World Clinics: Obstetrics and Gynecology - Perimenopausal Health, Volume 4, Number 1 is the latest issue in the World Clinics: Obstetrics and Gynecology series. Other topics in the series include endometriosis, recurrent miscarriage, contraception, postpartum haemorrhage, and preterm labour. Enhanced by images and illustrations throughout, World Clinics: Obstetrics and Gynecology - Perimenopausal Health, Volume 4, Number 1 is an essential update for obstetricians, gynaecologists and trainees. This volume presents the knowledge, views, and experiences of ex perts in the fields of health care that are particularly important

to women. Not all of the authors agree on all of the issues, but all share the same concerns about women's health and recognize the importance of providing information to enable women to become active participants in the health care partnership. The idea for the book evolved from our own work in the field of women's health care. The positive responses we received to several papers and presentations based on our experiences and addressed to patients, physicians, and other health care professionals indicated that there is a growing need for open discussion of women's health care issues as well as a need for developing and implementing new and better ways of dealing with these issues. We were further motivated by the repeated failure of the health care community to integrate new insights and information (that frequently contradict older, established beliefs and practices) into current health planning, education, and practice.

This volume is designed to motivate and engage scientists, policymakers, and practitioners to greater scientific discourse, reduce the stigma on and validate the importance of women's sexual and reproductive health. It brings together historians, anthropologists, psychologists, sociologists, epidemiologists, public health researchers, genetic counselors, attorneys, social workers, nurses and physicians, and presents comprehensive coverage that will benefit women's health advocates, students, and practitioners.

Established as one of the world's most widely read gynecology texts,

Comprehensive guide to diagnosis and management of infertility. Internationally recognised author team from USA, Canada, Europe and Asia.

This highly anticipated second edition features new chapters and sections, 225 new references, and comprehensive R software. In keeping with the previous edition, this book is about the art and science of data analysis and predictive modelling, which entails choosing and using multiple tools. Instead of presenting isolated techniques, this text emphasises problem solving strategies that address the many issues arising when developing multi-variable models using real data and not standard textbook examples. Regression Modelling Strategies presents full-scale case studies of non-trivial data-sets instead of over-simplified illustrations of each method. These case studies use freely available R functions that make the multiple imputation, model building, validation and interpretation tasks described in the book relatively easy to do.

Most of the methods in this text apply to all regression models, but special emphasis is given to multiple regression using generalised least squares for longitudinal data, the binary logistic model, models for ordinal responses, parametric survival regression models and the Cox semi parametric survival model. A new emphasis is given to the robust analysis of continuous dependent variables using ordinal regression.

As in the first edition, this text is intended for Masters' or PhD. level graduate students who have had a general introductory probability and statistics course and who are well versed in ordinary multiple regression and intermediate algebra. The book will also serve as a reference for data analysts and statistical methodologists, as it contains an up-to-date survey and bibliography of modern statistical modelling techniques.

Developed in conjunction with the American Society of Colon and Rectal Surgeons, this comprehensive textbook provides readers with the full scope of surgical practice for patients with diseases of the colon and rectum. Expert surgeons, all active both as educators and with busy clinical practices, have written concise and practical chapters on the most commonly done procedures while providing much-needed insight on less frequently presentations, as well. The ASCRS Textbook is designed to meet the needs not only of colorectal specialists, but also the general surgeon in practice whose caseload includes patients with disorders and diseases of the colon, rectum and anus. Residents and fellows will also find a wealth of hands-on guidance and practical tips and tricks. The ASCRS Practice Parameters are incorporated in the book along with an appendix providing the most up-to-the minute access to best practice guidelines. Patient care and safety are addressed in each chapter. "[The ASCRS Textbook of Colon and Rectal Surgery] is a long awaited textbook for those in the field and it does not disappoint. It is brief and to the point, but does not lack the necessary detail expected from a society-produced publication. [It has an] easy-to-read quality that enhances comprehension for the trainee. It is by no means just a student textbook. The inclusion of "hot" current topics, like the anal fistula plug, makes it fresh and useful for experienced surgeons. This is an excellent addition to the colorectal library." (Doody's Review)

Clinical Naturopathic Medicine is a foundation clinical text integrating the holistic traditional principles of naturopathic philosophy with the scientific rigour of evidence-based medicine (EBM) to support contemporary practices and principles. The text addresses all systems of the body and their related common conditions, with clear, accessible directions outlining how a practitioner can understand health from a naturopathic perspective and apply naturopathic medicines to treat patients individually. These treatments include herbal medicine, nutritional medicine and lifestyle recommendations. All chapters are structured by system and then by condition, so readers are easily able to navigate the content by chapter and heading structure. The content is designed for naturopathic practitioners and students (both undergraduate and postgraduate levels) and for medical and allied health professionals with an interest in integrative naturopathic medicine. detailed coverage of naturopathic treatments provides readers with a solid understanding of the major therapeutic modalities used within naturopathic medicine each system is reviewed from both naturopathic and mainstream medical perspectives to correlate the variations and synergies of treatment only clinically efficacious and evidence-based treatments have been included information is rigorously researched (over 7500 references) from both traditional texts and recent research papers the content skilfully bridges traditional practice and EBM to support confident practitioners within the current health care system

Now in one convenient volume, Vocal Health and Pedagogy: Science, Assessment, and Treatment, Third Edition answers every question you've ever had about the voice, from the physics of sounds, to vocal technique, to medications, to performance anxiety. It presents anatomical, physiological, and neurological considerations, as well as covers critical issues related to patient history, laryngeal function, the physical examination, and historical perspectives of vocal pedagogy. The first part of the book introduces basic concepts of voice science, assessment, and training. It focuses on the science behind the common problems that afflict voice users and enables understanding of the medical approach to problem analysis. The second part of the book contains additional information on the specific health and performance conditions that affect the voice and their assessment and treatment. It considers the medical and nonmedical issues affecting the human voice, including diagnosis and treatment of voice problems, the effects of physical injury, posture, pollutants and irritants, psychological effects, voice therapy, medication, and more. New to this edition: New chapters on topics such as pedagogy for children, the importance of studying music, laryngeal issues involving wind instrument performance, high-speed digital imaging, the evolution of technology, pediatric voice disorders, thyroid disorders, the vocal effects of birth control medications, and autoimmune disorders. Many chapters have been extensively revised to update previous content and add new information on material such as choral pedagogy for geriatric singers, World Trade Center syndrome, and laryngeal effects of asbestos exposure. Chapters on medications for performers have been revised to delete medications no longer used frequently and to add various medications and drug classes that were not included previously, as well as information on alternative and complementary medicines. References have been updated throughout to include discussion of new studies and a review of the latest literature, while also retaining the classic literature. Includes the most recent practices and techniques, the latest information on surgical and adjunctive therapy, and important changes in criteria and strategy. Vocal Health and Pedagogy: Science, Assessment, and Treatment, Third Edition is ideal for courses in vocal pedagogy and speech-language pathology. Additionally, it is a valuable resource for professional and amateur performers and their teachers.

"This book is essential when designing, developing and studying biomedical materials. provides an excellent review-from a patient, disease, and even genetic point of view-of materials engineering for the biomedical field. This well presented book strongly insists on how the materials can influence patients' needs, the ultimate drive for biomedic

This book is a practical guide to obstetrics and gynaecology for trainees preparing for the MRCOG Part 2 examination. Beginning with a brief overview of general principles, the rest of the book is clearing set into two sections – Obstetrics, and Gynaecology. Each of these sections is further divided to discuss the diagnosis and management of numerous disorders within each sub-specialty. The book has been written in accordance with the current MRCOG Part 2 curriculum and includes the very latest RCOG Green-top guidelines and NICE guidelines. Additionally, this comprehensive textbook features the latest statistics on maternal and perinatal mortality in the UK, published by MBRRACE-UK in December 2016. Key Points Practical guide to obstetrics and gynaecology for MRCOG Part 2 candidates Written in accordance with current MRCOG Part 2 curriculum Includes latest RCOG Green-top guidelines and NICE guidelines Features latest statistics on maternal and perinatal mortality from MBRRACE-UK Endometriosis is a common condition in which small pieces of the womb lining (the endometrium) are found outside the womb. This could be in the fallopian tubes, ovaries, bladder, bowel, vagina or rectum. Endometriosis affects around 2 million women in the UK alone with most of them diagnosed between the ages of 25 and 40 (NHS Choices). This manual is a practical guide to endometriosis, presenting the clinical, preventative and research aspects of the condition. Beginning with an introduction to the condition, its structure and diagnosis, the following chapters cover the management of different types of endometriosis and its related conditions including infertility. Key points Practical guide to endometriosis presenting clinical, preventative and research aspects Covers management of all types of endometriosis and related conditions Includes numerous full colour clinical photographs, illustrations and tables Each chapter extensively referenced

This book covers a wide range of topics which are pertinent to the provision of excellent healthcare for women.

This issue of the Obstetrics and Gynecology Clinics covers the Medical and Surgical Management of Common Fertility Issues. Articles include Infertility Evaluation, Ovulation Induction, and problems such as fibroids, endometriosis, and ectopic pregnancy. Research conducted in academic departments of obstetrics and gynecology could result in substantial improvements in the health of women and the outcomes of pregnancy. Strengthening Research in Academic OB/GYN Departments determines whether such departments are capable of fulfilling this promise. The committee finds that these departments have a poor track record in their ability to compete for research funds and in the extent to which their faculty contribute to research. Adding to the problem are factors that deter OB/GYNs from a research career and a dearth of dynamic research leaders in the profession. The volume explores reasons for this situation and makes recommendations to counteract them. Also included is an agenda of needed research.

The most comprehensive reference on voice care and science ever published! Substantially revised and updated since the previous edition published in 2005, Professional Voice: The Science and Art of Clinical Care, Fourth Edition provides the latest advances in the field of voice care and science. In three volumes, it covers basic science, clinical assessment, nonsurgical treatments, and surgical management. Twenty new chapters have been added. These include an in-depth chapter on pediatric voice disorders, chapters detailing how hormonal contraception, autoimmune disorders, and thyroid disorders affect the voice, as well as chapters on the evolution of technology in the voice care field, and advances in imaging of the voice production system. The appendices also have been updated. They include a summary of the phonetic alphabet in five languages, clinical history and examination forms, a special history form translated into 15 languages, sample reports from a clinical voice evaluation, voice therapy exercise lists, and others. The multidisciplinary glossary remains an invaluable resource. Key Features With contributions from a Who's Who of voice across multiple disciplines 120 chapters covering all aspects of voice science and clinical care Features case examples plus practical appendices including multi-lingual forms and sample reports and exercise lists Comprehensive index Multidisciplinary glossary What's New Available in print or electronic format 20 new chapters Extensively revised and reorganized chapters Many more color photographs, illustrations, and case examples Fully updated comprehensive glossary Major revisions with extensive new information and illustrations, especially on voice surgery, reflux, and structural abnormalities New Chapters 1. Formation of the Larynx: From Hox Genes to Critical Periods 2. High-Speed Digital Imaging 3. Evolution of Technology 4. Magnetic Resonance Imaging of the Voice Production System 5. Pediatric Voice Disorders 6. The Vocal Effects of Thyroid Disorders and Their Treatment 7. The Effects of Hormonal Contraception on the Voice 8. Cough and the Unified Airway 9. Autoimmune Disorders 10. Respiratory Behaviors and Vocal Tract Issues in Wind Instrumentalists 11. Amateur and Professional Child Singers: Pedagogy and Related Issues 12. Safety of Laryngology Procedures Commonly Performed in the Office 13. The Professional Voice Practice 14. Medical-Legal Implications of Professional Voice Care 15. The Physician as Expert Witness 16. Laryngeal Neurophysiology 17. The Academic Practice of Medicine 18. Teamwork 19. Medical Evaluation Prior to Voice Lessons 20. Why Study Music? Intended Audiences Individuals While written primarily for physicians and surgeons, this comprehensive work is also designed to be used by (and written in language accessible to) speech-language pathologists, singing voice specialists, acting voice specialists, voice teachers, voice/singing performers, nurses, nurse practitioners, physician assistants, and others involved in the care and maintenance of the human voice. Libraries It is a must-have reference for medical and academic libraries at institutions with otolaryngology, speech-language pathology, music, nursing and other programs related to the human voice.

Part of the renowned Donald School series, this book is a comprehensive guide to the diagnosis and management of reproductive and gynaecological endocrinology disorders. The book begins with an overview of ovulation and investigation and causes of female infertility including anovulation, tubal block, endometriosis and congenital uterine anomalies. The following chapters discuss ovarian stimulation and assisted reproductive techniques. The second half of the book covers causes and management of male infertility, and concludes with chapters on recurrent miscarriage, gamete banking, and assessment of early pregnancy. Authored by recognised experts in the field, the text is further enhanced by clinical photographs, illustrations, tables and flowcharts. Key points Comprehensive guide to diagnosis and management of reproductive and gynaecological endocrinology disorders Part of renowned Donald School series Covers investigation, causes and management of both female and male infertility Authored by recognised experts in the field

This book explores the detailed diagnosis of male and female infertility, treatment of infertility with IVF, and various aspects of the IVF laboratory including protocols, handling of embryo transfers, freezing and biopsy for preimplantation genetic screening. The authors in this book are highly reputed in the field, and also have ability to convey in-depth validation of published work with clarity and directness. This book covers the quality management of IVF programs, practice guidelines, ethical and social aspects of infertility and IVF. Chapter focusing on the History of Infertility, inclu.

This book is a comprehensive guide to the management of headaches. Divided into five sections, chapters are presented in a

question and answer format. The book begins with an overview of headaches, explaining classification, diagnostic testing and pathophysiology. The following sections cover primary headaches (migraine, tension-related) and secondary headaches (post trauma, vascular-related, infections). The final sections discuss headaches in specific patient groups such as children, the elderly, women, and in pregnancy; and complementary and alternative therapies. Key points Comprehensive guide to management of headaches Covers both primary and secondary headaches, and specific patient groups Includes section on complementary and alternative therapies Highly experienced, internationally recognised editor and author team

Designated a Doody's Core Title! This book presents the basics of leadership and management for nurses -- what is essential in order to effectively motivate and educate individuals to achieve the set goals of a group, team, or organization in health care. The basic components of management and leadership theory are described, such as effective communication, analyzing a problem, conflict resolution, and time management. Extensive simulation exercises provide learners with an opportunity to observe, experience, and carry out new behaviors in a safe environment. The book and exercises are designed for use in both self-learning and classroom environments.

Now revised and updated, the comprehensive program for restoring vitality, sexuality, and health using natural hormones—just the ones each individual woman needs, and just the amount she needs. The decision of whether or not to use hormone replacement therapy (HRT) during menopause is perhaps more controversial—and more confusing—than ever before. The HRT Solution provides a balanced discussion of the issues and, most important, offers a choice that goes beyond "yes" or "no." The authors explain the shortcomings of the conventional, "cookie-cutter" approach to HRT, which gives women standardized amounts of synthetic hormone substitutes or animal-derived hormone products. Instead, they recommend a program designed to meet each woman's particular needs. Their approach emphasizes the importance of testing and ongoing monitoring to determine precisely which hormones a woman may want to supplement. The solution lies in the prescription of individualized doses of custom-made natural hormones—exact matches for the ones a woman's body produces. The HRT Solution makes it possible for each woman to maintain a hormonal balance that is optimal for her body and her well-being, without the unpleasant side effects and potential for long-term health problems associated with conventional HRT.

AARP Digital Editions offer you practical tips, proven solutions, and expert guidance. In *The Inner Pulse*, Dr. Marc Siegel explores the secret code of sickness and health. Many doctors overlook the seemingly inexplicable tragedies and recoveries that happen in hospitals every day, opting to view them simply as aberrations from the medical norm. In this book, Dr. Siegel draws from his decades of experience treating patients and explores the sometimes miraculous effects that the spirit and emotion can have on disease and healing. The inner pulse is the essence that links the soul to the mind and body, the marker that predicts whether a person's life force is fading or strengthening. This book shows you how to tap into your inner pulse and even how to influence it. Explores how your inner pulse can alert you to what is going on in your body Offers a new perspective on the positive and negative effects of the mind on illness and healing Includes dramatic case stories of Dr. Siegel's work with his own patients—those who have healed and those who have not Exploring the uncanny world where expectation and outcome are driven by a patient's personal intuition, this book will give you a deeper understanding of how the mind relates to disease and how the mind and the body working in sync can help heal.

This is the second edition of Corson, Derman, and Tyrer's complete medical textbook on fertility control. It has been revised and fully updated to include details about oral contraceptives and new progestins, the female condom, hormonal implantation, new information about IUDs, and the biochemistry, biological effects, and uses of mifepristone (RU-486).

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