



itself, while celebrating New York as both a place and an idea.

Everyone who writes a novel, a poem, or a memoir almost certainly conducts research along the way whether to develop a story idea, or to capture the voice, the speech patterns, or the exact words of a character, or to ensure authenticity or accuracy of detail in describing a person, a place, an object, a setting. This kind of experiential research is an art form of its own, and this book is the first to treat it as such. Addressing writers of fiction, poetry, and nonfiction, Philip Gerard covers all the different kinds of archives that might inform creative work, including historical documents, site visits, interviews, and memory. He offers practical tips for drawing on these different types of sources, including such mundane matters as planning and budgeting for travel costs, arranging access in advance, and troubleshooting when plans go awry. And he illustrates how the insights gleaned from research can be incorporated into stories, poems, and nonfiction using examples from a wide range of writers."

Unforeseen and precipitous violence is a reality of the times we live in, but it has always been a reality in the mental health profession. The main premise of this book is to make art therapists aware of the unpredictable violence that may occur in their day-to-day work with clients and the presence of potential danger. The author stresses the importance of preventive measures to ensure safety. The preface describes the horrific event the author witnessed and her realization that psychotherapy is a dangerous profession. The first chapter sets the stage for the exploration of mass murders, violence, creativity, and mental illness. Chapter 2 provides framework for the cultural context concerning the contemporary societal and cultural landscape within which mass murders exist. Major changes in mental health laws are discussed, including the individual versus community rights in mental health systems. Chapter 3 is a brief history of the treatment of violence in the United States mental health system. Gun violence, the stigma of mental illness, and the threat assessment in schools are explored. Chapter 4 examines art, violence, and mental illness, including historic artistic figures in which violence and/or mental illness was an issue. The artwork of serial killers such as Adolf Hitler, the psychiatrically institutionalized artist Martin Ramirez, and the Outsider artist Henry Darger are discussed. The author also describes her own experience as an expert witness for the trial of serial killer Eric Leonard. Chapter 5 displays the author's mass murderers' artwork with a brief description of each event. Chapter 6 depicts the mass murders that occurred in the United States, October 2017 through September 2018. Chapter 7 portrays a reaction to the Marjorie Stone Douglas school shooting and the essay evoked by this tragedy. Chapter 8 offers practical suggestions to help art therapists find assistance and support in a dangerous practice. Safety orientation in art therapy education programs and job orientation are provided. Chapter 9 discusses additional practical suggestions for art therapists with help and support in a dangerous practice and culture. The last chapter encompasses final comments including the danger and calling of art therapy. This unique book will be of special interest to mental health practitioners, art therapists, social workers, educational therapists, and consultants.

The writer and botanical illustrator presents fifty projects for creating botanical designs on tablecloths, napkins, pillows, lampshades, place mats, scarves, and greeting cards. Original.

Gita and the Art of Selling, Memoirs of a Sales Yogi may be non-fiction, but the retro storyline and the blazing narration make it more like a roman-a-clerf that tickles your imagination. The story is woven around a protagonist, Mahesh Kumar, who's engulfed in the inscrutable ennui of a dull and dreary gig at a fuddy-duddy outfit in the 1970s. The machismo in him craves for the adrenalin rush of a parkour-like sleigh ride, albeit in his career. So, with a Laozi-esque jaunty-of-joy-starts-with-a-job-jump hunch as alibi, he joins an upstart, BCL- a cauldron wherein assiduity and absurdity; profanity and profundity coexist in blissful solitude. Highballing-express-train-like BCLs elan vital is its flamboyant founder-CEO, Shiv Nair. Everything about Shiv is big dreams, desire-ship-like cars, tennis-court sized offices even Patiala pegs of whiskey he pours! Acutely obsessed with market dominance, he lets gladiator-like reps loose in the coliseum called marketplace, to ride roughshod over competitors. Put into a boot-camp-like grind, Mahesh finds himself at the forefront of a groundbreaking mission. Jumbo quotas, a turbo-charged culture; mucho toil; but nada sales overwhelm him! Does BCLs ecosystem, an epitome of esprit de corps, help the rookie pull his socks up, and climb the corporate food-chain? Filled with anecdotal flotsam and jetsam, this languishing-laggard to shooting-star story thrills and teases even as it teaches the nuanced craft of selling. An antipodal attempt to step away from the ivory tower of academe, it offers from-the-trenches insights on the Jerry Maguire and Willy Lo-mans of this world-smiling heroes who stride out on a shoeshine, shed loads of sweat and schlep in orders. Finally, if this book gets Drucker to rephrase his pedantic credo as, marketing makes selling plain-sailing (instead of superfluous), that's a bonus!

The Ultimate Resource for the World's Best Digital Video Editor This full-color, hands-on guide introduces you to the powerful new features of Final Cut Pro 4, while leading you through all aspects of editing digital video. First you'll learn how to set up your workstation and master fundamental concepts. Then you'll learn pro-tested techniques for every stage of the process--everything from shooting tips to logging your footage, from adding transitions and special effects to delivering your masterpiece in multiple formats. Along the way, professional video editors emphasize the tricks and shortcuts they use to get polished results. Striking illustrations and screen shots throughout, plus sample video project files on the DVD make it simple for you to visualize and grasp the concepts. Whether you're an emerging filmmaker or a seasoned vet, Final Cut Pro 4 and the Art of Filmmaking empowers you to complete the tasks that film editors face daily, such as: Mastering the new features, including unlimited real-time effects, auto rendering, motion blur, and time remapping Customizing the interface and keyboard shortcuts to best fit your work flow Editing clips in the Timeline quickly Creating complex overlays and transitions with contextual menus Expertly adding effects, applying filters, and working with text Creating titles with video generators and advanced Boris FX title generators Working with the audio tools to make your film sound as good as it looks Preparing your finished product for the Web, CDs, and DVDs Editing for 24fps Featured on the DVD: All the clips you need to follow the lessons in the book, including a complete, fully edited short video documentary, and source material, so you can quickly get started working with real footage. Plus a bonus chapter on editing for 24fps. Note: CD-ROM/DVD and other supplementary materials are not included as part of eBook file.

Draws on the intimate diaries and letters of leading social and political figures to look behind the scenes of the pageantry of the 1908 anniversary of the founding of Quebec City, disclosing the politics of memory and the theatrics of history.

Supercharge your creative energy by recognizing and utilizing the power of the "flow" Learn a development cycle you can actually use at work Comprehensive programming project walk-through shows you how to apply the development cycle Project Approach Strategy helps you maintain programming project momentum C# Student Survival Guide helps you tackle any project thrown at you Apply real world programming techniques to produce professional code In-depth coverage of arrays eliminates their mystery Create complex GUIs using System.Windows.Forms components Learn the secrets of thread programming to create multithreaded applications Master the complexities of generic collections and learn how to create generic methods Discover three object-oriented design principles that will greatly improve your software architectures Learn how to design with inheritance and composition to create flexible and reliable software Create well-behaved objects that can be used predictably and reliably in C# .Net applications Learn how to use MSBuild to manage large programming projects Create multitiered database applications with the help of Microsoft's Enterprise Library Master the use of the singleton, factory, model-view-controller, and command software design patterns Reinforce your learning with the help of chapter learning objectives, skill-building exercises, suggested projects, and self-test questions Packed with numerous tables, lots of pictures, and tons of code examples - over 7500 lines of code All code examples were compiled, executed, and tested before being used in the book to ensure quality And much, much, more...!

